# SUNSHINE FACTORY BAR & GRILL

## **APPETIZERS**

A	PHE	IZERS	
O ARTICHOKE & SPINACH CHEESE DIP	12.95	O CHICKEN QUESADILLA	13.95
MILDLY SPICY WITH PITA WEDGES (ADD EXTRA PITA +2.50)		WHITE CHEDDAR CHEESE CURDS RED SAUCE	12.95
ONION RINGS HAND BATTERED	10.95	SZECHUAN GREEN BEANS SPICY WITH BACON	11.95
CALAMARI FRIES JULIENNE STRIPS BATTER FRIED WITH BANANA PEPPERS, MOTOYAKI & COCKTAIL SAUCES	13.95	POTSTICKERS PORK DUMPLINGS WITH SESAME SOY GINGER SAUCE	12.95
GF STEAK BITES SPICY BEEF TENDERLOIN BITES, CHIPOTLE	14.95	WALLEYE STRIPS TARTAR SAUCE	13.50
MAYO, ONION STRAWS OR BASMATI RICE		CHICKEN WINGS & DRUMMIES CHOOSE CRISPY,	14.95
SIDE OF TOTS (CAJUN STYLE OR TRADITIONAL)  MAKE THEM LOADED WITH GREEN ONION, BACON,	7.95	BUFFALO OR GARLIC PEPPER & SEA SALT	14.55
SONORAN CHEESE SAUCE & SOUR CREAM \$10.95		CREAM CHEESE WONTONS (9)	10.95
CHICKEN STRIPS CHOICE OF SAUCE	12.95	SWEET ASIAN SAUCE  NACHOS SONORAN CHEESE SAUCE, LETTUCE,	1405
CHIPS & CHEESE WARM TORTILLA CHIPS WITH CUP OF	8.95	PICO DE GALLO, JALAPENOS, SOUR CREAM, SALSA.	14.95
SONORAN CHEESE SAUCE, JALAPENO GARNISH		CHOOSE CHICKEN, BEEF OR CARNITAS PORK	
STREET TACOS		FLATBREADS	
SOFT FLOUR TORTILLAS			
CHICKEN BEEF OR CARNITAS BORK		BUFFALO CHICKEN RANCH DRIZZLE, CHICKEN, CELERY, BUFFALO SAUCE, MOZZARELLA BLEND & BLEU	13.95
CHICKEN, BEEF OR CARNITAS PORK  LETTUCE BLEND, MIXED CHEESE & PICO DE GALLO	9.95	CHEESE	
VEGGIE CORN & BEANS, LETTUCE BLEND, PICO DE GALLO,	9.95	SAUSAGE& PEPPERONI FLATBREAD	13.95
MIXED CHEESE, & GUACAMOLE GARNISH		RED SAUCE, MOZZARELLA BLEND,	
SHRIMP OR FISH TACOS CRISPY SHRIMP OR FRIED ALASKAN COD WITH LETTUCE BLEND, PICO DE GALLO.	12.95	SAUSAGE & PEPPERONI	
CHIPOTLE MAYO		JUST CHEESE RED SAUCE & MOZZARELLA BLEND	12.95
SOL	JPS &	SALADS	
CREAM OF CHICKEN WITH WILD RICE SOUP OF			8.50
FRENCH ONION SOUP AU GRATIN OVEN BAKED W			9.95
SOUP & SALAD COMBO BOWL OF SOUP DU JOUR OR CE			11.50
		ONION GREEN ONION GARNISH AND A DINNER SALAD	13.50
O CAESAR SALAD			11.95
WITH GRILLED OR CAJUN BLACKENED CHICKEN			14.95
WITH MEATLESS IMPOSSIBLE PATTY			16.95
WITH GRILLED SALMON			17.95
GF COBB CHICKEN, BACON, BLEU CHEESE, EGG, TOMATO, BLACK			13.95
OFTEX-MEX SALAD BOWL MIXED GREENS, BLACK BEANS SRIRACHA RANCH. CHOOSE CAJUN CRISPY SHRIMP OR SW GR	& CORN, AV	'OCADO, CHEESE, PICO DE GALLO, MEXI RICE, TORTILLA STRIPS, KEN	15.95
SUBSTITUTE MEATLESS IMPOSSIBLE PATTY			16.95
COCONUT SHRIMP CRISPY COCONUT SHRIMP WITH TOMA AND HONEY MUSTARD DRESSING	TO, HARD C	OOKED EGG, AVOCADO, MIXED GREENS	15.95
	ED ALMOND	S, MANDARIN ORANGES, WONTON STRIPS & SWEET ASIAN DRESSING.	14.95
CHOICE OF CRISPY FRIED OR GRILLED CHICKEN			
GF BUFFALO CHICKEN SALAD GRILLED BUFFALO CHIC BLEU CHEESE CRUMBLES & RANCH DRESSING	KEN BREAS	T, ROMAINE, CUCUMBERS, TOMATOES, RED ONIONS,	14.95
	GREENS. S	PINACH, BLEU CHEESE, HARD COOKED EGG, TOMATO, RED ONION	18.95
& BALSAMIC VINAIGRETTE			
	OCADO, CU	CUMBER, GREEN ONION, GINGER OVER WARM WHITE RICE WITH A	16.95
SIDE OF MOTOYAKI SAUCE			
	BURG	GERS	
A SPECIAL BLEND OF CHUCK		(8 OZ) CHAR BROILED FOR GREAT TASTE	
		LE SLAW OR CHIPS. COUP OR DINNER SALAD \$2.95	
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BLT +A BURGER AVOCADO, BACON, LETTUCE & TOMATO,	CHOICE OF	CHEESE, SIDE OF MAYONNAISE	13.95
WILD WEST BURGER PILED HIGH CARNITAS PORK, BBQ	SAUCE,ONIC	ON STRAWS & CHOICE OF CHEESE	13.95
5 ALARM BURGER BUFFALO SAUCE, JALAPENOS, PEPPE	RJACK CHE	ESE, RED ONION & CHIPOTLE MAYO ON SIDE	13.95
SUNNYSHINE BURGER BANANA PEPPERS, BACON, FRIE	ED EGG, CHO	DICE OF CHEESE	13.95
MUSHROOM SWISS BURGER FRESH SAUTÉED MUSHI	ROOMS & SV	VISS CHEESE	13.95
PATTY MELT ON GRILLED PUMPERNICKEL WITH CHOPPED		ONIONS	13.95
TURKEY BURGER LETTUCE, TOMATO, CHIPOTLE MAYO O			13.95
THE IMPOSSIBLE BURGER 100% PLANT BASED BURG	SER, LETTUC	CE, TOMATO, CHEESE OPTIONAL	14.95
SIDES		DESSERTS	
SIDES			
BACON CHEDDAR AU GRATIN POTATOES	4.95	NEW YORK VANILLA CHEESECAKE	8.50
NEW POTATOES, FRENCH FRIES, BASMATI RICE	4.50	CARAMEL PECAN CHEESECAKE	8.95
OR HOUSE VEGETABLE BLEND		CHOCOLATE CHIP COOKIE SUNDAE	8.95
OGF CIPE CAREAD (GLUTEN FREE NO CROUTONS)	6.25	CRÈME BRULEE CHOCOLATE LAYER CAKE ALA MODE	7.95
OGF SIDE CAESAR SALAD (GLUTEN FREE NO CROUTONS)	6.95	CHOCOLATE LATER CARE ALA MODE	9.95
GF FRESH FRUIT BOAT MANDARIN ORANGES, PINEAPPLE, STRAWBERRIES & BANANA	5.50		
QUART OF SOUP	12.95		
<b>UGF</b> = ITEMS CAN BE PREPARE	D MEATL	ESS OR GLUTEN FREE ON REQUEST	

**CHEF ANDREW ORTIS** 

# SUNSHINE FACTORY BAR & GRILL

**LUNCH MENU** 

# **ENTRÉES**

ENTRÉES INCLUDE CHOICE OF PARSLEY BUTTERED NEW POTATOES, FRENCH FRIES, BASMATI RICE OR HOUSE VEGETABLE BLEND ADD DINNER SALAD OR CUP OF SOUP \$2.95 EXTRA PLATE CHARGE \$3.00

CT LIGHT TO B CITY ON	
GF HOUSE TOP SIRLOIN (8 oz.) WITH TEXAS TOAST	24.95
GF GRILLED "DUROC" PORKLOIN CHOP 12 oz	17.95
GF BROILED SHRIMP BASMATI RICE & DRAWN BUTTER	17.95
BATTERED SHRIMP	17.95
PAN FRIED WALLEYE ONE PAN FRIED FILLET	17.95
TWO PAN FRIED FILLETS	25.95
GF BROILED WALLEYE	17.95
TWO BROILED FILLETS	25.95
BABY BACK RIBS	
DUROC PORK, HOUSE SMOKED & LIGHTLY SAUCED. SERVED WITH FRENCH FRIES, COLESLAW & TEXAS TOAST	
4 BONES	14.95
8 BONES	19.95
12 BONES	25.95

### **SPECIALTIES**

ADD DINNER SALAD OR CUP OF SOUP \$2.95

GF FAROE ISLAND SALMON SEE SERVER FOR TODAY'S PREPARATION, WITH FRESH VEGETABLES AND BASMATI RICE	22.95
CHICKEN PARMESAN HAND BREADED, HOUSE RED SAUCE, PROVOLONE, ROMANO CHEESE & SPAGHETTI	15.95
SHRIMP SCAMPI CREAMY GARLIC BUTTER & WINE SAUCE, ROAST RED PEPPERS, ROMANO CHEESE & SPAGHETTI	15.95
CHICKEN FETTUCCINI DICED CHICKEN, GARLIC ALFREDO SAUCE, PARMESAN CHEESE	15.95
CAJUN CHICKEN FETTUCCINI Julienne cajun breast over spicy cajun alfredo	16.95
SPAGHETTI WITH MEATBALLS HOUSE RED SAUCE & PARMESAN CHEESE	14.95
STIR FRY CHOOSE SZECHUAN OR TERIYAKI. ASIAN VEGETABLES, BROCCOLI & RICE CHOICE OF BEEF OR CHICKEN. SUB SHRIMP +2.00	15.95
OCHIMICHANGA DEEP FRIED TOPPED WITH SONORAN CHEESE SAUCE & PICO DE GALLO WITH LETTUCE BLEND & SOUR CREAM CHOOSE CHICKEN, BEEF OR CARNITAS PORK	15.95

### **HEALTHY OPTIONS**

SERVED WITH YOUR CHOICE OF DINNER SALAD WITH OIL & VINEGAR; 338 CALORIES 30 FAT GRAMS 13 CARB GRAMS OR FRESH FRUIT BOAT 168 CALORIES, 0 FAT GRAMS, 39 CARB GRAMS

GF LOW CARB BURGER A SPECIAL BLEND OF CHUCK AND BRISKET (8 OZ) CHAR BROILED FOR GREAT TASTE. WITH SAUTÉED MUSHROOMS & HEALTHY VEGETABLE BLEND 738 CALORIES, 45 FAT GRAMS, 8 CARB GRAMS (NO BUN)	13.95
GF SKINNY CHICKEN GRILLED GARLIC CHICKEN BREAST & HEALTHY VEGETABLE BLEND 339 CALORIES, O FAT GRAMS, 20 CARB GRAMS	13.95
GF SHRIMP SKEWERS BLACK BEAN CORN SALSA, BASMATI RICE & HEALTHY VEGETABLE BLEND 355 CALORIES, 3 FAT GRAMS, 46 CARB GRAMS	14.95

### SANDWICHES, ETC

SERVED WITH COLE SLAW OR CHIPS, UNLESS NOTED\*\* SUBSTITUTE FRIES, CUP OF SOUP OR DINNER SALAD \$2.95

	WALLEYE SANDWICH FRIED & BREADED, AMERICAN CHEESE, LETTUCE, TOMATO, TARTAR ON FRENCH ROLL	15.95
	PUB STYLE FISH & CHIPS ** BATTERED ALASKAN COD, FRENCH FRIES & TARTAR SAUCE	14.95
	WALLEYE FISH AND CHIPS ** BATTERED WALLEYE STRIPS, FRENCH FRIES & TARTAR SAUCE	15.95
	GRILLED CHICKEN BREAST SANDWICH GRILLED TERIYAKI MARINATED BREAST ON BUN WITH SWISS CHEESE & BACON	12.95
	CRISPY CHICKEN HAND BREADED FRIED CHICKEN BREAST ON BUN WITH PEPPERJACK, LETTUCE, TOMATO & CHIPOTLE MAYO	14.50
	BUFFALO CHICKEN WRAP CRISPY BUFFALO CHICKEN, FLOUR TORTILLA, ROMAINE, TOMATOES, BLEU CHEESE OR RANCH (SUB GRILLED CHICKEN +\$1.00)	13.50
	FRENCH DIP POT ROAST & PROVOLONE ON CIABATTA WITH AU JUS	15.95
	PHILLY POT ROAST ON CIABATTA, MUSHROOMS, GREEN PEPPERS, ONIONS, PROVOLONE WITH AU JUS	16.95
	GRILLED REUBEN OR RACHEL SWISS CHEESE, SAUERKRAUT & THOUSAND ISLAND DRESSING ON PUMPERNICKEL	13.95
	GRILLED SOUTHWEST CHICKEN WRAP S.W. SEASONED JULIENNE CHICKEN, MIXED CHEESE, LETTUCE, GUACAMOLE, PICO DE GALLO IN FLOUR TORTILLA	13.50
	THE PLYMOUTH PANNINI HAM, TURKEY, BACON, TOMATO, SWISS CHEESE & PESTO AIOLI ON PANNINI GRILLED WHOLE WHEAT	12.95
	CLUBHOUSE TURKEY, BACON, LETTUCE, TOMATO, MAYO ON TOASTED VIENNA	13.95
	BLT BACON, LETTUCE & TOMATO WITH MAYO ON TOASTED VIENNA	11.95
	CRISPY CHICKEN STRIPS** WITH FRENCH FRIES	13.95
V	PLANT BASED CHICKEN MEAT-FREE CHICKEN ON BUIN, PEPPERJACK CHEESE, LETTUCE TOMATO, RAW ONION & SRIACHA RANCH	12.95