

Balan's Bulletin

Brunch Menu

From London to Miami - Est. 1987

@balansbrickell

Bakery

Toast Basket

Local bread served with butter & bonne maman jam (vg) 7.95



Viennoiserie

Freshly baked croissant & pain au chocolat (vg) 8.50

Homemade Balan's Bagel & Cream Cheese

Plain | Everything | Sesame 6.95

Bagel Tower

Selection of Four Bagels with Cream Cheese 21.95

Egg Dishes

Classic Breakfast

Two Eggs Any Style, Choice of Bacon, Sausage, Ham or Avocado
Crispy Potatoes or Toast 18.50

Eggs Benedict

Two poached eggs, hollandaise*, toasted Homemade English muffin, served with choice of breakfast potatoes or mixed leaves.

Bacon | Ham | Spinach | Turkey Bacon | Avocado 18.95

Thick cut Bacon | Smoked Salmon 21.95

Crab Cake 25.95 | Lobster 28.95

Full English Breakfast

Eggs of your choice, sausage & bacon, tomato, potatoes, mushroom, Heinz baked beans, sourdough or wholewheat toast 24.50
Sub Balan's bagel +3

Steak & Eggs

Steak, two sunny side up eggs, French fries & chimichurri
6oz Churrasco 36.95 | 12oz NY strip 54.95



Buttermilk Pancakes

Stack of three Buttermilk pancakes,
Fresh berries & maple syrup OR Chocolate Chip (pb, vg) 18.95

Banana French Toast

24 hour soaked Challah bread, brown sugar brûléed banana, biscuit crumble & whipped cream 22.95

Sweet Brunch Board

French toast, Buttermilk Pancakes, Croissants
Served with Bacon, Nutella, fresh berries & maple syrup (vg) 52.50
(Sharing Board for the Table)

Sweet

Guac & Chips

Fresh smashed guacamole, & taro chips (df, pb, vg) 14.95

Bang Bang Shrimp

Crispy shrimp tossed in bang bang sauce & scallions (df) 19.95

Homemade empanadas

Cheese empanadas, truffle aioli (vg) 11.95
Beef empanadas, aji verde sauce 13.95

Calamari

Crispy calamari served with tartar sauce & fresh lemon (df) 16.95

Balan's BLT

Thick cut bacon, baby gem lettuce, tomato, truffle aioli served on toasted Sullivan Street Bakery multigrain, fries or salad (df) 21.95

Mexican Bowl

Choice of shrimp or chicken, avocado, corn, black bean pico de gallo, queso fresco, sautéed red peppers, tajin, corn chips, chipotle honey dressing, lime, steamed white or brown rice (vg) 22.95

Light & Savory

Acai Bowl

Served with fresh berries, banana, granola crunch, almond nut butter & coconut shavings (pb, vg, df) 14.95

Granola Bowl

Homemade nutty granola, brûléed banana, fresh berries & coconut yogurt 14.95

Breakfast Bowl

Two sunny side up eggs, avocado, roasted butternut squash, sautéed spinach, pickled onion, potatoes & chipotle sauce (vg, df) 18.95

Avocado Toast

Toasted multigrain bread, sweet drop peppers, micro cilantro, radish & roasted garlic (pb, vg, df) 14.95
Add poached eggs: +3.95 | feta cheese +3.5 | smoked salmon +7.95

Omelet

Classic or egg white
Add two: Ham, cheddar cheese, feta, tomato, onion, red pepper, spinach or mushrooms. Breakfast potatoes or mixed leaf salad 17.50

Balan's Bagel & Smoked Salmon

Homemade bagel, smoked salmon, lettuce, tomato, cream cheese, red onion & capers 21.95

Oaxaca Toast

Sullivan St. Sourdough, scrambled eggs, avocado, pico de gallo, black beans & beef mix, salsa ranchera, queso fresco & chipotle aioli 21.95

Breakfast Sandwich

21.50

Build Your Own. Select One from Each Section

Bread

Balan's Bagels | Sourdough | Wholewheat | Wrap | Homemade English Muffin

Eggs

Fried or Scrambled

Protein

Bacon | Sausage | Turkey Bacon | Avocado

Cheese & Veggies

Fontina | Mozzarella | Cheddar | Feta | Lettuce | Tomato | Onion

Sauce

Jalapeño aioli | Spicy Mayo | Truffle aioli | Jalapeño jelly

Lunch Plates & Raw Bar

Raw Bar

Seafood Tower

Shrimp cocktail, half dozen *oysters, Lobster salad, *ahi tuna crudo (df, gf) 75

Marky's *Caviar Service

White Sturgeon Supreme 95
Amber Osetra 135

Served with blinis & crème fraîche

*Oysters

Seasonal Selection

Mignonette & cocktail sauce (df, gf)
East Coast 1/2 Dozen 23.95
West Coast 1/2 Dozen 29.95

Tuna Tartare

*Ahi tuna, ponzo aioli, chive, radish, chili & herb infused oil, crispy green onion & taro chips (df) 21.95



Baby Gem & Asparagus

Baby gem, asparagus, pistachio, dill, feta cheese, lemon shallot dressing (gf, vg) 18.95

Balan's Burger

8oz burger, ZTB brioche bun, bacon, lettuce, tomato, burger sauce, cheddar cheese, pickles & French fries 21.95

Lobster Roll

Lobster, fresh chive, house cut chips (df) 28.95

Chicken Caesar Wrap

Grilled chicken, caesar dressing, romaine, parmesan cheese, French fries or salad 17.95

Fish & Chips

Battered Haddock, thick handcut fries, crushed green peas & tartar sauce 24.95

Crab Pasta

Lump crab, lobster reduction, cream, fresno chili, chives 35.50

Asian Chicken Salad

Grilled chicken, crunchy wontons, toasted cashew nuts, scallions, fresh mint, cabbage & romaine, with miso sesame dressing (df) 21.95

plant based (pb) vegetarian (vg) dairy free (df) gluten free (gf)

SHOCKINGLY DELICIOUS SMOOTHIES & JUICES

Tropical

Pineapple, mango, almond milk, chia (pb) 12.95

PB

Peanut butter, banana, oatmilk (pb) 12.95

Blue Dream

Pineapple, banana, coconut, peanut butter, almond milk, avo, spirulina (pb) 14.95

Berry Thirsty

Mixed berries, banana, almond milk (pb) 12.95

Add organic vanilla plant based protein +3 (pb)



P3 Pineapple, mango, apple, mint, lime 11.50

B4 Beet, apple, celery, lemon 11.50

K8 Kale, spinach, swiss chard, parsley, celery, lime 11.50

D3 Dragon fruit, pineapple, coconut water 11.50

Health-Ade Kombucha | Passionfruit Tangerine 13.95

Locally Sourced Juice Grapefruit / OJ / Apple Juice 6.95

House Pressed Fresh Orange Juice 8.95

BALAN'S - THE NEIGHBORHOOD RESTAURANT

Cocktails



Balan's Berry Mule 14.95

E11even vodka, Balan's kiwi & blackberry syrup, fresh lime & ginger beer

Hibiscus Paloma 15.95

Cantera Blanco Tequila, grapefruit juice, fresh lime juice, hibiscus syrup & soda water

Pornstar Martini 16.95

Absolut vanilla vodka, passionfruit, served with a shot of brut

Balan's Old Fashioned 16.95

Jefferson's Bourbon, orange peel

The Tropics 15.95

Coconut rum, passion fruit, fresh lime juice, tropical red bull & pineapple juice

Bloody Mary

Vodka, tomato mix, Worcestershire sauce, garnished with celery, green olives 14.95

Bloody Maria

Tequila, tomato juice, Worcestershire sauce, garnished with celery, green olives 15.95

Non Alcoholic

Espresso NOtini

Fresh espresso, Tahitian vanilla 11.95

Dragonfruit Lemonade

Fresh lemon, dragonfruit syrup & soda water 11.95

Cucumber Agua Fresca

Fresh cucumber & watermelon. & soda water 11.95

Watermelon NOjito

Fresh watermelon, mint, lime & soda water 11.95

Key Lime Lover 16.95

Olmeca Altos Tequila blanco, coconut milk, triple sec, fresh lime zest

Spicy Lycheerita 17.95

818 Tequila blanco, fresh lime juice, lychee, spicy ginger syrup & tajin rim

Brickell Barbie 16.95

Olmeca Altos Tequila blanco, dragonfruit, triple sec & fresh lime

Espresso Martini 18.95

Absolut vodka, kahlua & fresh espresso

Watermelon Spritz 17.95

Fresh watermelon, Aperol, muddled lime, agave, topped with prosecco

Bottomless

Mimosa or Bellini

90mins | 35pp

Absolut Martini Tree

Choose 6 Martinis

Cosmopolitan
Pornstar
Espresso Martini
\$95

Champagne Special

Bottle of Perrier-Jouët Grand Brut \$95



Coffee Menu

Our coffees are Double Shot, Racer Blend, by Imperial Moto

Double Espresso 5.95

Cortadito 4.95

Cortado 6.50

Americano 5.95

Cappuccino 6.95

Flat White 6.95

Latte 6.95

Matcha Latte 6.95

Chai Latte 6.95

Alternative Milks

Oat & Almond + 1

Syrups

Tahitian Vanilla Syrup +1

Hazelnut Syrup +1

Caramel Syrup +1

Selection of Teas 4.50

Iced Coffees Available