

Balan's Bulletin

Brunch Menu

From London to Miami - Est. 1987

@balansbrickell

Bakery

Toast Basket
Local bread served with butter & bonne maman jam (vg) 7.95

Viennoiserie
Freshly baked croissant & pain au chocolat (vg) 8.50

Homemade Balan's Bagel & Cream Cheese
Plain | Everything | Sesame 6.95

Bagel Tower
Selection of Four Bagels with Cream Cheese 21.95

Classic Breakfast
Two Eggs Any Style, Choice of Bacon, Sausage, Ham or Avocado
Crispy Potatoes or Toast 18.50

Eggs Benedict
Two poached eggs, hollandaise*, toasted *Homemade English muffin*, served with choice of breakfast potatoes or mixed leaves.
Bacon | Ham | Spinach | Turkey Bacon | Avocado 18.95
Thick cut Bacon | Smoked Salmon 21.95
Crab Cake 25.95 | Lobster 28.95

Full English Breakfast
Eggs of your choice, sausage & bacon, tomato, potatoes, mushroom, Heinz baked beans, sourdough or wholewheat toast 24.50
Sub Balan's bagel +3

Steak & Eggs
Steak, two sunny side up eggs, French fries & chimichurri
6oz Churrasco 36.95 | 12oz NY strip 54.95

Buttermilk Pancakes
Stack of three Buttermilk pancakes, Fresh berries & maple syrup OR Chocolate Chip (pb, vg) 18.95

Banana French Toast
24 hour soaked Challah bread, brown sugar brûléed banana, biscuit crumble & whipped cream 22.95

Sweet Brunch Board
French toast, Buttermilk Pancakes, Croissants
Served with Bacon, Nutella, fresh berries & maple syrup (vg) 52.50
(Sharing Board for the Table)

Light & Savory

Acai Bowl
Served with fresh berries, banana, granola crunch, almond nut butter & coconut shavings (pb, vg, df) 14.95

Granola Bowl
Homemade nutty granola, brûléed banana, fresh berries & coconut yogurt 14.95

Breakfast Bowl
Two sunny side up eggs, avocado, roasted butternut squash, sautéed spinach, pickled onion, potatoes & chipotle sauce (vg, df) 18.95

Avocado Toast
Toasted multigrain bread, sweetie drop peppers, micro cilantro, radish & roasted garlic (pb, vg, df) 14.95
Add poached eggs: +3.95 | feta cheese +3.5 | smoked salmon +7.95

Omelet
Classic or egg white
Add two: Ham, cheddar cheese, feta, tomato, onion, red pepper, spinach or mushrooms. Breakfast potatoes or mixed leaf salad 17.50

Balan's Bagel & Smoked Salmon
Homemade bagel, smoked salmon, lettuce, tomato, cream cheese, red onion & capers 21.95

Oaxaca Toast
Sullivan St. Sourdough, scrambled eggs, avocado, pico de gallo, black beans & beef mix, salsa ranchera, queso fresco & chipotle aioli 21.95

Breakfast Sandwich 21.50

Build Your Own. Select One from Each Section

Bread
Balan's Bagels | Sourdough | Wholewheat | Wrap | Homemade English Muffin

Eggs
Fried or Scrambled

Protein
Bacon | Sausage | Turkey Bacon | Avocado

Cheese & Veggies
Fontina | Mozzarella | Cheddar | Feta | Lettuce | Tomato | Onion

Sauce
Jalapeño aioli | Spicy Mayo | Truffle aioli | Jalapeño jelly

Lunch Plates & Raw Bar

Guac & Chips
Fresh smashed guacamole, & taro chips (df, pb, vg) 14.95

Bang Bang Shrimp
Crispy shrimp tossed in bang bang sauce & scallions (df) 19.95

Homemade empanadas
Cheese empanadas, truffle aioli (vg) 11.95
Beef empanadas, aji verde sauce 13.95

Calamari
Crispy calamari served with tartar sauce & fresh lemon (df) 16.95

Balan's BLT
Thick cut bacon, baby gem lettuce, tomato, truffle aioli served on toasted Sullivan Street Bakery multigrain, fries or salad (df) 21.95

Mexican Bowl
Choice of shrimp or chicken, avocado, corn, black bean pico de gallo, queso fresco, sautéed red peppers, tajin, corn chips, chipotle honey dressing, lime, steamed white or brown rice (vg) 22.95

Raw Bar

Seafood Tower
Shrimp cocktail, half dozen *oysters, Lobster salad,*ahi tuna crudo (df, gf) 75

Marky's *Caviar Service
White Sturgeon Supreme 95
Amber Osetra 135
Served with blinis & crème fraîche

***Oysters**
Seasonal Selection
Mignonette & cocktail sauce (df, gf)
East Coast 1/2 Dozen 23.95
West Coast 1/2 Dozen 29.95

Tuna Tartare
*Ahi tuna, ponzu aioli, chive, radish, chili & herb infused oil, crispy green onion & taro chips (df) 21.95

Baby Gem & Asparagus
Baby gem, asapragus, pistachio, dill, feta cheese, lemon shallot dressing (gf, vg) 18.95

Balan's Burger
8oz burger, ZTB brioche bun, bacon, lettuce, tomato, burger sauce, cheddar cheese, pickles & French fries 21.95

Lobster Roll
Lobster, fresh chive, house cut chips (df) 28.95

Chicken Caesar Wrap
Grilled chicken, caesar dressing, romaine, parmesan cheese, French fries or salad 17.95

Fish & Chips
Battered Haddock, thick handcut fries, crushed green peas & tartar sauce 24.95

Crab Pasta
Lump crab, lobster reduction, cream, fresno chilli, chives 35.50

Asian Chicken Salad
Grilled chicken, crunchy wontons, toasted cashew nuts, scallions, fresh mint, cabbage & romaine, with miso sesame dressing (df) 21.95

plant based (pb) vegetarian (vg) dairy free (df) gluten free (gf)

SHOCKINGLY DELICIOUS SMOOTHIES & JUICES

- Tropical**
Pineapple, mango, almond milk, chia (pb) 12.95
- PB**
Peanut butter, banana, oatmilk (pb) 12.95
- Blue Dream**
Pineapple, banana, coconut, peanut butter, almond milk, avo, spirulina (pb) 14.95
- Berry Thirsty**
Mixed berries, banana, almond milk (pb) 12.95
- Add organic vanilla plant based protein +3 (pb)



- P3** Pineapple, mango, apple, mint, lime 11.50
- B4** Beet, apple, celery, lemon 11.50
- K8** Kale, spinach, swiss chard, parsley, celery, lime 11.50
- D3** Dragon fruit, pineapple, coconut water 11.50
- Health-Ade Kombucha** | Passionfruit Tangerine 13.95
- Locally Sourced Juice** Grapefruit / OJ / Apple Juice 6.95
- House Pressed Fresh Orange Juice** 8.95

BALAN'S - THE NEIGHBORHOOD RESTAURANT

Cocktails

- Balan's Berry Mule 14.95**
E11even vodka, Balan's kiwi & blackberry syrup, fresh lime & ginger beer
- Hibiscus Paloma 15.95**
Cantera Blanco Tequila, grapefruit juice, fresh lime juice, hibiscus syrup & soda water
- Pornstar Martini 16.95**
Absolut vanilla vodka, passionfruit, served with a shot of brut
- Balan's Old Fashioned 16.95**
Jefferson's Bourbon, orange peel
- The Tropics 15.95**
Coconut rum, passion fruit, fresh lime juice, tropical red bull & pineapple juice



- Bloody Mary**
Vodka, tomato mix, Worcestershire sauce, garnished with celery, green olives 14.95
- Bloody Maria**
Tequila, tomato juice, Worcestershire sauce, garnished with celery, green olives 15.95

- Key Lime Lover 16.95**
Olmecca Altos Tequila blanco, coconut milk, triple sec, fresh lime zest
- Spicy Lycheerita 17.95**
818 Tequila blanco, fresh lime juice, lychee, spicy ginger syrup & tajin rim
- Brickell Barbie 16.95**
Olmecca Altos Tequila blanco, dragonfruit, triple sec & fresh lime
- Espresso Martini 18.95**
Absolut vodka, kahlua & fresh espresso

Non Alcoholic

- Espresso NOTini**
Fresh espresso, Tahitian vanilla 11.95
- Dragonfruit Lemonade**
Fresh lemon, dragonfruit syrup & soda wate 11.95
- Cucumber Agua Fresca**
Fresh cucumber & watermelon. & soda water 11.95
- Watermelon NOjito**
Fresh watermelon, mint, lime & soda water 11.95

Bottomless

- Mimosa or Bellini**
90mins | 35pp

By the Glass Classics

- Mimosa 12.95
- Bellini 12.95
- Sangria 13.95
- Pimms 13.95

Champagne Special

Bottle of
Perrier-Jouët
Grand Brut \$95



Coffee Menu

Our coffees are Double Shot,
Racer Blend, by Imperial Moto

- Double Espresso 5.95
- Cortadito 4.95
- Cortado 6.50
- Americano 5.95
- Cappucino 6.95
- Flat White 6.95
- Latte 6.95
- Matcha Latte 6.95
- Chai Latte 6.95

- Alternative Milks
Oat & Almond + 1
- Syrups
Tahitian Vanilla Syrup +1
Hazelnut Syrup +1
Caramel Syrup +1
- Selection of Teas 4.50

Iced Coffees Available

Absolut
Martini Tree

Choose 6 Martinis

Cosmopolitan
Pornstar
Espresso Martini
\$95