

Balan's Bulletin

SHOCKINGLY DELICIOUS

SMOOTHIES

Tropical

Pineapple, mango, almond milk, chia (pb)
12.95

PB

Peanut butter, banana, oatmilk (pb) 12.95

Blue Dream

Pineapple, banana, coconut, peanut butter,
almond milk, avo, spirulina (pb) 14.95

Berry Thirsty

Mixed berries, banana, almond milk (pb)
12.95

Add organic vanilla plant based protein +3
(pb)

FRESH & PRESSED JUICES

P3 Pineapple, mango, apple, mint
11.50

B4 Beet, apple, celery, lemon 11.50

K8 Kale, spinach, swiss chard,
parsley, celery, lime 11.50

D3 Dragon fruit, pineapple, coconut
water 11.50

Local Kombucha | Brewing Life

Lychee 12.95

Grapefruit / Orange / Apple Juice

5.95



Bakery

Toast Basket 5.50

Local bread served with butter &
bonne maman jam (vg)

Viennoiserie 7.50

Freshly baked croissant & pain au chocolat (vg)

Balan's Everything Bagel 5.95
& cream cheese (vg)

*Light &
Healthy*

Housemade Granola 12.95
Served with coconut yogurt
& fresh berries (pb, vg, df, gf)

Avocado Toast 12.95

Toasted multigrain bread, sweet drop
peppers, micro cilantro, radish & roasted garlic (pb, vg, df)
Add poached eggs: +3.95 | Feta cheese +3.5 | Smoked salmon +7.95

Healthy Breakfast Wrap 16.95

Egg whites, turkey bacon, avocado, spinach & feta cheese,
served in toasted tortilla

Breakfast Bowl 16.95

Two Fried eggs, avocado, roasted butternut squash,
sauteed spinach, pickled onion, potatoes & chipotle sauce (vg, df)

Omelet 14.95

Classic or egg white

Add two: Ham, cheddar cheese, feta, tomato, onion, spinach or mushrooms.
Breakfast potatoes or mixed leaf salad

**COFFEE
& CROISSANT
WEEKDAY
SPECIAL 7.95**



In Brickell Since 2008

2024

From London to Miami - Est. 1987

Breakfast

BREAKFAST IS THE MOST IMPORTANT MEAL OF THE DAY

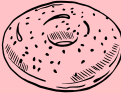
Tasty

Chilli Eggs 11.95

Two sunny side up eggs with spicy chilli oil,
scallions and Sullivan Street toast (sub bagel +3) (add avocado +3) (vg, df)

Balan's Bagel & Smoked Salmon 19.95

House made everything bagel, smoked salmon, lettuce, tomato,
cream cheese, red onion & capers



Balan's BEC Bagel 14.95

House made everything bagel, over easy egg, crispy bacon & melted fontina
cheese

Mexican Eggs 19.95

Sunny side egg, avocado, pico de gallo, black beans & beef mix, salsa ranchera,
fontina cheese, & crispy tortilla

Breakfast Sandwich 16.95

Sunny side up egg, bacon, romaine, truffle aioli, fontina cheese, ZTB brioche bun

Indulgent

Belgian Waffles 16.95

Fresh berries & maple syrup (vg)



Banana & Blueberry Pancakes

Banana pancakes, blueberry compote, walnut crumb, coconut yogurt &
maple syrup (pb, vg) 17.95

Classic Egg Dishes



Classic Eggs Benedict

Two poached eggs, hollandaise*, toasted English muffin, served with
choice of breakfast potatoes or mixed leaves. Bacon | ham | spinach 14.95
| smoked salmon 17.95 | crab cake 20.95

Royal Benedict

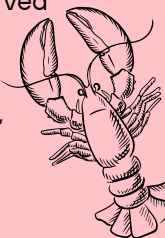
Lobster, two poached eggs, hollandaise*, toasted English muffin, served
with choice of breakfast potatoes or mixed leaves 28.95

Full Breakfast 17.50

Eggs of your choice, sausage & bacon, tomato, potatoes, mushroom,
sourdough or wholewheat toast, sub Balan's bagel +3
Make it a Full English + add Heinz baked beans +3

Steak & Eggs 34.95

6oz Churrasco, two sunny side up eggs, French fries & chimichurri



Breakfast Beverages

@balansbrickell

Bloody Mary 13.95

Vodka, tomato juice, worcestershire sauce, garnished with celery, green olives

Bloody Maria 15.95

Tequila, tomato juice, worcestershire sauce, garnished with celery, green olives

Brickell Barbie 17.95

Olmecca Altos Tequila blanco, dragonfruit, triple sec & fresh lime

Capri Spritz 15.95

Blue curacao, St Germain, Lemon & mint

Aperol Spritz 14.95

Aperol, prosecco & fresh orange



BALAN'S - THE NEIGHBORHOOD RESTAURANT

Coffee & Tea

Espresso 3.95

Double Espresso 5.95

Cappucino 5.95

Latte 5.95

Iced Latte 5.95

Chai Latte 6.95

Alternative Milks

Oat & Almond + 1.50

Syrups

Tahitian Vanilla Syrup +1

Hazelnut Syrup +1

Caramel Syrup +1

Selection of Teas 4.50

Glass & Pitchers to Share

Mimosa 11.95 | 34.95

Bellini 11.95 | 34.95

Sangria 12.95 | 39.95

Pimms 13.95 | 45.95



Feeling Boujee?

Champagne Special

Bottle of Perrier-Jouët Grand Brut \$95

WIFI @BALANSQUEST
HAPPY HOUR EVERYDAY FROM 3-7PM
WINE WEDNESDAY 50% OFF BOTTLES
FAMOUS FOR WEEKEND BRUNCH
LATE NIGHT COCKTAIL LOUNGE
HOOKAH FROM 5PM

From your morning coffee to late night libations, thank you for joining us at Balan's Brickell, a family run establishment since 1987.

We are concerned for your wellbeing, if you have allergies, please alert us as not all ingredients are listed!

*We are obliged to tell you that consuming raw or undercooked meat, seafood, or eggs may increase your risk of foodborne illness. An 18% service charge will be added for your convenience.



Balan's Brickell

Get a FREE Beverage with Breakfast

Choose from: Mimosa, Tea, Coffee, OJ, Apple Juice or Soda. Offer only redeemable with purchase of entrée. Weekdays Only 8am-11am. Must show flyer. Limit one per guest. One time use. Offer expires 10/15/24. Excluding holidays.