

Balan's Bulletin

Brunch Menu

From London to Miami - Est. 1987

@balansbrickell

BRUNCH AT BALAN'S IS A MUST EVERY WEEKEND!

Bakery

Toast Basket

Local bread served with butter & bonne maman jam (vg) 7.95



Viennoiserie

Freshly baked croissant & pain au chocolat (vg) 8.50

Classic Egg Dishes

Classic Eggs Benedict

Two poached eggs, hollandaise*, toasted English muffin, served with choice of breakfast potatoes or mixed leaves.

Bacon | Ham | Spinach | Turkey Bacon | Plant based patties 18.95

Thick cut Bacon | Smoked Salmon 21.95

Crab Cake 25.95 | Lobster 28.95

Full Breakfast

Eggs of your choice, sausage & bacon, tomato, potatoes, mushroom, sourdough or wholewheat toast 21.50

Sub Balan's bagel +3

Make it a Full English & add Heinz baked beans +3

Steak & Eggs

Steak, two sunny side up eggs, French fries & chimichurri
6oz Churrasco 36.95 | 12oz CAB NY strip 54.95

Belgian Waffles

Fresh berries & maple syrup (vg) 18.95



Banana & Blueberry Pancakes

Vegan banana pancakes, raspberry compote, walnut crumb, coconut yogurt & maple syrup (pb, vg) 18.95

Brioche French Toast

Fresh Berries & Syrup (vg) 19.95

Strawberries & Nutella (vg) 22.95

Peanut Butter & Jelly (vg) 21.95

Sweet Brunch Board

Belgian Waffles, French toast, croissants

Served with Bacon, Nutella, fresh berries & maple syrup (vg) 52.50
(Sharing Board for the Table)

Housemade Granola

Served with coconut yogurt & fresh berries (pb, vg, df) 14.95

Avocado Toast

Toasted multigrain bread, sweet drop peppers, micro cilantro, radish & roasted garlic (pb, vg, df) 14.95
Add poached eggs: +3.95 | feta cheese +3.5 | smoked salmon +7.95

Breakfast Bowl

Two sunny side up eggs, avocado, roasted butternut squash, sautéed spinach, pickled onion, potatoes & chipotle sauce (vg, df) 17.95

Omelet

Classic or egg white

Add two: Ham, cheddar cheese, feta, tomato, onion, red pepper, spinach or mushrooms. Breakfast potatoes or mixed leaf salad 17.50

Balan's Bagel & Smoked Salmon

Homemade everything bagel, smoked salmon, lettuce, tomato, cream cheese, red onion & capers 21.95

Mexican Eggs

Sunny side up egg, avocado, pico de gallo, black beans & beef mix, salsa ranchera, fontina cheese, & crispy corn tortilla 19.95

Fried Chicken & Waffles

Balan's crispy chicken, Belgian waffles, spicy hot honey drizzle 25.95

Breakfast Sandwich 21.50



Build Your Own. Select One from Each Section

Bread

Balan's Bagel | Sourdough | Wholewheat | Wrap | Brioche Bun

Eggs

Fried or Scrambled

Protein

Bacon | Sausage | Turkey Bacon | Plant based Pattie

Cheese

Fontina | Mozzarella | Cheddar

Sauce

Jalapeño aioli | Spicy Mayo | Truffle aioli | Jalapeño jelly

Sweet

Lunch Plates & Raw Bar

Guac & Chips

Fresh smashed guacamole, corn, red onion & pepper salsa & taro chips (df, pb, vg) 13.95

Bang Bang Shrimp

Crispy shrimp tossed in bang bang sauce & scallions (df) 19.95

Homemade empanadas

Cheese empanadas, truffle aioli (vg) 11.95

Beef empanadas, aji verde sauce 13.95

Calamari

Crispy calamari served with tartar sauce & fresh lemon (df) 16.95

Balan's BLT

Thick cut bacon, baby gem lettuce, tomato, truffle aioli served on toasted Sullivan Street Bakery multigrain, fries or salad (df) 21.95

Mexican Bowl

Choice of shrimp or chicken, avocado, corn, black bean pico de gallo, cheese, sautéed red peppers, tajin, corn chips, chipotle honey dressing, lime, steamed white or brown rice (vg) 22.95

Raw Bar

Seafood Tower

Shrimp cocktail, half dozen *oysters, lobster salad,*ahi tuna crudo (df, gf) 75

Marky's *Caviar Service

White Sturgeon Supreme 95

Amber Osetra 135

Served with blinis & crème fraîche

*Oysters

Seasonal Selection

Mignonette & cocktail sauce (df, gf)

East Coast 1/2 Dozen 23.95

West Coast 1/2 Dozen 29.95

Tuna Tartare

*Ahi tuna, ponzu mayonnaise, chive, radish, chili & herb infused oil, crispy green onion & taro chips (df) 21.95



Balan's Burger

8oz burger, ZTB brioche bun, bacon, lettuce, tomato, burger sauce, cheddar cheese, pickles & French fries 21.95

Lobster Roll

Lobster, fresh chive, house cut potato chips (df) 28.95

Chicken Caesar Wrap

Grilled chicken, caesar dressing, romaine, parmesan cheese, French fries or salad 17.95

Fish & Chips

Battered fish, thick handcut fries, crushed green peas & tartar sauce 24.95

Chicken Milanese

Breaded chicken breast served with fresh tomato linguine (df) 26.95

Crab Pasta

Lump crab, lobster reduction, cream, fresno chilli, chives 35.50

Asian Chicken Salad

Grilled chicken, crunchy wontons, toasted cashew nuts, scallions, fresh mint, cabbage & romaine, with miso sesame dressing (df) 21.95

plant based (pb) vegetarian (vg) dairy free (df) gluten free (gf)

SHOCKINGLY DELICIOUS SMOOTHIES & JUICES

Tropical

Pineapple, mango, almond milk, chia (pb) 12.95

PB

Peanut butter, banana, oatmilk (pb) 12.95

Blue Dream

Pineapple, banana, coconut, peanut butter, almond milk, avo, spirulina (pb) 14.95

Berry Thirsty

Mixed berries, banana, almond milk (pb) 12.95

Add organic vanilla plant based protein +3 (pb)



P3 Pineapple, mango, apple, mint, lime 11.50

B4 Beet, apple, celery, lemon 11.50

K8 Kale, spinach, swiss chard, parsley, celery, lime 11.50

D3 Dragon fruit, pineapple, coconut water 11.50

Local Kombucha | Brewing Life Lychee 12.95

Locally Sourced Juice Grapefruit / OJ / Apple Juice 6.95

House Pressed Fresh Orange Juice 8.95

BALAN'S - THE NEIGHBORHOOD RESTAURANT

Cocktails

Key Lime Lover

Olmecca Altos blanco, coconut milk, triple sec, fresh lime zest 16.95

Spicy Lycheerita

818 Tequila blanco, fresh lime juice, lychee, spicy ginger syrup & tajin rim 17.95

Brickell Barbie

Olmecca Altos blanco, dragonfruit, triple sec & fresh lime 16.95

Espresso Martini

Absolut, kahlua & fresh espresso 18.95

Watermelon Spritz

Fresh watermelon, Aperol, muddled lime, agave, topped with prosecco 17.95

Tropical Reverie

Bacardi rum, guava & basil syrup, Italicus bergamot liqueur & egg white 16.95



Bloody Mary

Vodka, tomato mix, Worcestershire sauce, garnished with celery, green olives 14.95

Bloody Maria

Tequila, tomato juice, Worcestershire sauce, garnished with celery, green olives 15.95

Non Alcoholic

Espresso NOTini

Fresh espresso, Tahitian vanilla 11.95

Dragonfruit Lemonade

Fresh lemon, dragonfruit syrup & soda water 11.95

Cucumber Agua Fresca

Fresh cucumber & watermelon. & soda water 11.95

Watermelon NOjito

Fresh watermelon, mint, lime & soda water 11.95

Balan's Berry Mule

Elleven vodka, Balan's kiwi & blackberry syrup, fresh lime & ginger beer 14.95

Hibiscus Paloma

Cantera Blanco Tequila, grapefruit juice, fresh lime juice, hibiscus syrup & soda water 15.95

Pornstar Martini

Absolut vanilla vodka, passionfruit, served with a shot of brut 16.95

Millionaire Margarita

Clase Azul Plata Tequila Blanco, gran marnier, fresh lime juice 37.50

Billionaire Old Fashioned

Clase Azul Añejo Tequila, demerara syrup & orange twist 125

By the Glass Classics

Mimosa 12.95

Bellini 12.95

Sangria 13.95

Pimms 13.95

Bottomless

Mimosa or Bellini

90mins | 35pp

Champagne Special

Bottle of Perrier-Jouët Grand Brut \$95



Coffee Menu

Our coffees are Double Shot, Racer Blend, by Imperial Moto

Double Espresso 5.95

Cortadito 4.95

Cortado 6.50

Americano 5.95

Cappucino 6.95

Flat White 6.95

Latte 6.95

Matcha Latte 6.95

Chai Latte 6.95

Alternative Milks

Oat & Almond +1

Syrups

Tahitian Vanilla Syrup +1

Hazelnut Syrup +1

Caramel Syrup +1

Selection of Teas 4.50

Iced Coffees Available

Absolut Martini Tree

Choose 6 Martinis

**Cosmopolitan
Pornstar
Espresso Martini
\$95**