



## Corporate Lunch Options

There are 3 different menus for 3 options, *Traditional, Vegan, or Gluten Free*. We include our standard menus, however, we accommodate personalized options.

Please see our full menu at [italianoplease.com](http://italianoplease.com).

Call or email us to discuss changes and to make your order.

### The costs are based per person

# of people	Notice Required	Light Lunch	Basic Lunch	Full Lunch
1 to 7 people	24hrs*	\$21.50	\$26.50	\$35
7 to 20 people	48hrs*	\$21.50	\$26.50	\$35
over 20 people	96 hrs*	\$20.00	\$25.00	\$33.00

*For delivery, please add \$8 for each address within Calgary*



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Catering@ItalianoPlease.com



ItalianoPlease.com



## Corporate Catering Lunch Menus - Traditional

	<b>Light Lunch:</b> entree, side dish and dessert	<b>Basic Lunch:</b> appetizer, entree, side dish and dessert	<b>Full Lunch:</b> full appetizer, entree, side dish, bread & dessert
<b>Cold Lunches</b>	Pasta salad with sundried tomatoes, tuna, olives and capers, tomato and rocket salad, strawberry mousse	Mini skewer with grapes and cheese, pasta salad with sundried tomatoes, tuna, olives and capers, tomato and rocket salad, strawberry mousse	Selection of charcuterie skewers, pasta salad with sundried tomatoes, tuna, olives and capers, tomato and rocket salad, house- made bread, strawberry mousse
<b>Warm Lunches</b>	Eggplant parmigiana, baby tomato and bocconcini mozzarella salad, hazelnut delight parfait	Parma ham and melon slice, baby tomato and bocconcini mozzarella salad, hazelnut delight parfait	Parma ham and melon slice & frittata rolls, eggplant parmigiana, baby tomato and bocconcini mozzarella salad, house-made bread, hazelnut delight
<b>Hot Lunches</b>	Lasagna with meat sauce, grilled mediterranean vegetables, tiramisu	Pecorino cheese with finocchiona salami, lasagna with meat sauce, mediterranean vegetables, tiramisu	Italian charcuterie & cheese selection, lasagna with meat sauce, grilled mediterranean vegetables, house-made bread, tiramisu



## Corporate Catering Lunch - VEGAN Menus

	<b>Light Lunch:</b> entree, side dish and dessert	<b>Basic Lunch:</b> appetizer, entree, side dish and dessert	<b>Full Lunch:</b> full appetizer, entree, side dish, bread & dessert
Cold Lunches	Baked beefsteak tomato stuffed with rice, tomato and rocket salad, strawberries in lemon sauce	Grilled mediterranean vegetables, baked beefsteak tomato stuffed with rice, tomato and rocket salad, strawberries in lemon sauce	Grilled Mediterranean vegetables with dried fruit, baked beefsteak tomato stuffed with rice, tomato and rocket salad, house-made bread, strawberry in lemon sauce
Warm Lunches	Eggplant parmigiana with vegan cheese, spelt salad, fresh fruit	Zucchini roll with chick pea paste and rosemary, eggplant parmigiana with vegan cheese, spelt salad, fresh fruit salad	Zucchini roll with chick pea paste and rosemary & roasted peppers, eggplant parmigiana with vegan cheese, spelt salad, house-made bread, fresh fruit salad
Hot Lunches	Baked pasta with zucchini, mushrooms and peas, grilled mediterranean vegetables, fresh fruit salad	Toasted bread crostino with fresh olive paste, baked pasta with zucchini, mushrooms and peas, grilled mediterranean vegetables, fresh fruit salad	Selection of toasted bread crostini with vegetable spreads, baked pasta with zucchini, mushrooms and peas, grilled mediterranean vegetables, house-made bread, fresh fruit salad



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## Corporate Catering Lunch Menus - Gluten Free

	<b>Light Lunch:</b> entree, side dish and dessert	<b>Basic Lunch:</b> appetizer, entree, side dish and dessert	<b>Full Lunch:</b> full appetizer, entree, side dish, bread & dessert
<b>Cold Lunches</b>	Rice salad with mixed vegetables & egg, tomato and rocket salad, strawberry mousse	Mini skewer with grapes and cheese, rice salad with mixed vegetables & egg, tomato and rocket salad, strawberry mousse	Selection of charcuterie skewers, rice salad with mixed vegetables & egg, tomato and rocket salad, GF crostini with olive oil, strawberry mousse
<b>Warm Lunches</b>	Eggplant parmigiana without flour, baby tomato and bocconcini mozzarella salad, hazelnut delight parfait	Parma ham and melon slice, eggplant parmigiana without flour, baby tomato and bocconcini mozzarella salad, hazelnut delight parfait	Parma ham and melon slice & frittata rolls, eggplant parmigiana without flour, baby tomato and bocconcini mozzarella salad, GF crostini with olive oil, hazelnut delight parfait
<b>Hot Lunches</b>	baked rice with meat sauce, grilled mediterranean vegetables, gluten free tiramisu or fresh fruit salad	Pecorino cheese with strawberries, baked rice with meat sauce, grilled mediterranean vegetables, gluten free tiramisu or fresh fruit salad	Selection of Italian cheeses with berries, baked rice with meat sauce, grilled mediterranean vegetables, GF crostini with olive oil, GF tiramisu or fresh fruit salad



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