

## LUNCH SPECIALS

### Soup/Chowders/ Chili

White Clam Chowder / Clear Clam Chowder / Tuscan Minestrone (vegan)  
Broccoli & Cheddar / Chicken Vegetable / Corn Chowder / Bacon Corn Chowder  
Black Bean & Beef Chili / Tomato Basil

### Lobster Croissant

¼ lb Lobster Meat (from Narr. Bay Lobster Co, Galilee) Lightly Tossed w/ Mayo or Warmed in Butter. Served w/ Lettuce on a Croissant w/ Fresh Fruit or Fries 26.

### Fish & Chips

Generous Portion of Lightly Battered Cod (from Narr. Bay Lobster Co.).  
Served w/ Fries & Coleslaw 22.

### Fish Sandwich

Served on a Bulky Roll w/ Lettuce, Fries, Coleslaw & Tartar Sauce 17.

### Roast Beef & Cheddar Melt

Thinly Sliced Roast Beef w/ Cheddar Cheese, Creamy Horseradish Sauce & Arugula on Grilled Sourdough Bread. Served w/ Onion Rings 17.

### Crispy Salmon Cake Patty House Made, Gluten Free Salmon Cake.

Served over Fresh Spinach w/ Grape Tomatoes & Avocado Slices

Or on a Grilled Bulky Roll w/ Lettuce & Avocado Slices.

Served w/ 1 Side Choice & Tartar Sauce or Chipotle Mayo 18.

### Roast Beef & Arugula Salad

Thinly Sliced Roast Beef, Topped with Grape Tomatoes & Shaved Parmesan Cheese. Served w/ Choice of Dressing & Side of Red Onions 17.

### Crispy Crab Cake Appetizer

Served over Mixed Greens w/ Tartar Sauce (1) 10. (2) 18.

### Eggplant Veggie Patty Wrap House Made Eggplant, Roasted Red Pepper, Green

Pepper & Onion Patty, Lettuce, Chipotle Mayo & Fresh Sliced Avocado.

Served w/ 1 Side Choice 15.99

### Creamy Shrimp Caesar Salad

House Made Shrimp Salad w/ Celery, Roasted Red Peppers & Mayo

Served over Caesar Salad w/ Shaved Parmesan Cheese 20.

### Bowl of Chili w/ Grilled Corn Muffin 11.99

House Made Beef & Black Bean Chili...not too spicy!

Add Side of Sour Cream, Salsa & Chopped Red Onion 3.

---

## WINTER WARM UP \* Take Home Specials

FREE MINI MUFFINS (6pc) or GLUTEN FREE ROLL ...& SAVE \$2.....

w/ Purchase of 2 Quarts of Soup, Chowder or Chili TOGO!

ALL GLUTEN FREE!

