

LUNCH SPECIALS

Soup/Chowders/ Chili

White Clam Chowder / Clear Clam Chowder / Tuscan Minestrone (vegan)
Chicken Vegetable / Corn Chowder / Bacon Corn Chowder
Black Bean & Beef Chili / Tomato Basil / Broccoli & Cheddar

Winter Warm Up Special...1/2 PRICE!

Add CUP of Soup, Chowder or Chili to ANY Meal for \$3. BOWL for \$4.

Bowl of Chili w/ Grilled Corn Muffin 11.99

House Made Beef & Black Bean Chili...not too spicy!

Add Side of Sour Cream, Salsa & Chopped Red Onion 3.

Roast Turkey & Cheddar Melt

Fresh Sliced Roast Turkey w/ Cheddar Cheese, Crumbled Bacon, Tomato & Spinach
On Grilled Sourdough Bread w/ 1 Side Choice 16.99

Roast Beef & Cheddar Melt

Thinly Sliced Roast Beef w/ Cheddar Cheese, Creamy Horseradish Sauce & Arugula on
Grilled

Sourdough Bread. Served w/ Onion Rings 16.99

Crispy Salmon Cake Patty House Made, Gluten Free Salmon Cake.

Served over Fresh Spinach w/ Grape Tomatoes & Avocado Slices

Or on a Grilled Bulky Roll w/ Lettuce & Avocado Slices.

Served w/ 1 Side Choice & Tartar Sauce or Chipotle Mayo 17.99

Roast Beef & Arugula Salad

Thinly Sliced Roast Beef, Topped with Grape Tomatoes & Shaved
Parmesan Cheese. Served w/ Choice of Dressing & Side of Red Onions 16.99

Eggplant Veggie Patty Wrap House Made Eggplant, Roasted Red
Pepper, Green Pepper & Onion Patty, Lettuce, Chipotle Mayo & Fresh Sliced
Avocado. Served w/ 1 Side Choice 15.99

Tuna Salad Plate Supreme

House Made, All White Albacore Tuna Salad w/ Light Mayo & Celery

Served over Mixed Greens w/ Tomatoes, Cucumbers

Avocado, Walnuts, Red Onions & Croutons 17.99

Creamy Shrimp Caesar Salad

House Made Shrimp Salad w/ Celery, Roasted Red Peppers & Mayo

Served over Caesar Salad w/ Shaved Parmesan Cheese 21.99

WINTER WARM UP * Take Home Specials

FREE MINI BREAD or Gluten Free Roll
w/ Each Purchase of a PREPARED MEAL TOGO (\$10 or more)

**FREE MINI MUFFINS (6pc) or Gluten Free Roll
& SAVE \$2.....w/ Purchase of 2 Quarts of Soup, Chowder or Chili TOGO!**