

## BREAKFAST

### Big Poppa Breakfast Panini \$11.96

Hungry man special. Bacon, ham and sausage, 2 eggs and cheddar on a pressed ciabatta or wrap.

### Standard Sandwich \$6.76

Choice of Sausage, Ham, or Bacon with eggs and caramelized onions.

### Mediterranean Egg White \$9.88

Egg whites, tomatoes, spinach, red peppers, Swiss + mayo served on a pressed ciabatta.

### Egg & Cheese \$5.15

Choose your bread | Add Sausage, Ham, or Bacon +\$2.00.

### Chicken Chipotle Breakfast Sandwich \$11.18

Grilled chicken, avocado, 2 eggs, chipotle mayo + cheddar. cheese. Best served in a wrap or ciabatta.

### Avocado Toast \$11.18

Eggs, avocado and spices served on multigrain.

### Breakfast Prosciutto Panini \$13.00

2 eggs, prosciutto, sliced tomato, reduced balsamic, and fresh mozzarella served on a pressed ciabatta.

### E.B.L.T Panini \$10.66

Eggs, bacon, lettuce, tomato, and mayo usually served on a pressed ciabatta or sub roll.

### Good Morning \$10.14

2 eggs, avocado caramelized onions, tomato, mayo and cheddar.

### Steak and Bake \$12.45

### Toasted Bagels \$2.07

Fresh-toasted bagels from plain or everything!

## SMOOTHIE BAR

### Coconut Fig \$9.10

Coconut, figs, banana, and cinnamon.

### Mango Blend \$9.10

Mango, coconut water, agave, and yogurt.

### Reading Rocket \$9.62

Flex seeds, almond milk, spinach, banana, and strawberries.

### Green Smoothie \$9.10

Almond milk, mango, spinach, kale, and banana.

### Mr. Professor \$9.10

Triple berry mix, cucumber, apple juice, and mint.

### Pineapple Sensation \$9.10

Blueberry, strawberry, pineapple, and orange juice.

### Chunky Monkey \$9.10

Milk, chocolate chips, banana, agave, almond butter, and vanilla.

### Acai Bowl \$13.51

Triple Berry Blend \$9.10  
Berry mix, apple juice, milk, and brown sugar.

### Old School \$8.58

Strawberry, banana, apple juice, agave, and yogurt.

### Wellness \$9.10

Coconut, strawberries, banana, and agave.

### OJ Blend \$8.58

Orange, pineapple, banana, agave, and yogurt.

### Simply Strawberry \$9.10

Strawberry, banana & agave, and milk.

## PROTEIN SMOOTHIES

### Peanut Butter & Jelly \$10.92

Peanut butter, oats, almond milk, berry blend, brown sugar, and vanilla protein.

### Marvelous Mango \$10.92

Apple juice, mango, yogurt, and vanilla protein.

### Super Charger \$10.92

Strawberry, mango, banana, almond milk, and vanilla protein.

### Hey Tony \$10.92

Coconut, bananas, figs, vanilla protein, and granola.

### Tropical \$10.92

Mango, strawberry, banana, almond milk, vanilla protein, brown sugar, and orange.

### Pineapple Avocado \$10.92

Avocado, pineapple, almond milk, vanilla protein, yogurt, and banana.

### Acai Bowl \$13.51

Blended acai, banana, strawberries, almond milk, and topped with granola and chia seeds.

### Chia Pineapple \$10.92

Banana, chia seeds, pineapple, almond butter, almond milk, and vanilla protein.

### 505 \$10.92

Mango, oats, banana, figs, almond milk, and vanilla protein.

### Peanut Butter Blast \$10.92

Banana, milk, chocolate syrup, chocolate protein, peanut butter, and yogurt.

## JUICE BAR & TEA

### Apple Juice \$6.24

### Celery Juice \$6.24

### Carrot Juice \$6.24

### Green Goddess \$8.06

Kale, spinach, cucumbers, apple, and lemon.

### Miami Sunshine \$8.06

Carrot, apple, celery, and lemon.

### House Juice \$7.54

Carrot, apple, beets, and ginger.

### Wake Up \$8.06

Kale, cucumber, carrots, apple, and orange.

### Lemon Green \$8.06

Kale, celery, apple, lemon, and ginger.

### English Tea \$2.34

## DESSERTS

### Chocolate Brownie \$3.11

### Chocolate Chunk Cookie \$3.11

### M&M Cookie \$3.11

### Chocolate Chip Cannoli \$3.63

### Blondie Brownie \$3.11

### Peanut Butter Cookie \$3.11

## TAKEOUT / DELIVERY



**781-779-1794**

**505 Main Street • Reading, MA**

**info@professorsmarket.com**

**Parking available on the Green Street side**

### Hours of Operation

Monday, 8am - 4pm

Tuesday-Friday, 8am - 6:30pm

Saturday, 8am - 4pm

Sunday, 8am - 3pm

All menu prices subject to change. Rev. 12/25.

## SOUPS, SALADS, & BOWLS

**Chicken Noodle Soup \$6.75**

**Wedding Soup \$6.23**

**Pasta Fagioli Soup \$6.23**

**Greek Salad \$9.87**

Mixed greens, olives, carrots, tomatoes, red onions, cucumbers, and feta cheese.

**Caesar Salad \$9.35**

Romaine, tomatoes, red onions, Romano cheese, and croutons.

**Garden Salad \$9.35**

Mixed greens, olives, carrots, tomatoes, red onions, and cucumbers.

**Chickpea Mediterranean Salad \$12.47**

3 different types of peppers, feta cheese, chick peas, red onions and olives.

**Chicken Power Bowl \$14.55**

Quinoa, grilled marinated chicken, carrots, peppers, onions, and brown rice.

**Southwest Quinoa Salad \$12.47**

Quinoa, black beans, cilantro, red peppers, sweet potatoes and brown rice. No substitutions or subtractions allowed.

**Autumn Harvest Salad \$12.47**

Chick Peas, feta cheese, spinach, sweet potatoes, quinoa, and cranberries. House-made tahini and honey dressing on the side.

**Steak Tip Power Bowl \$19.75**

House marinated steak tips, roasted carrots, peppers, and onions with brown rice and quinoa.

## DELI SALADS

Tri Color Pasta Salad \$4.15/1/2 pound | Potato Salad \$2.59/1/2 pound

Pesto Pasta Salad \$4.15/1/2 pound

Nut-free house-made pesto with bowtie pasta.

Tuna Salad \$5.50/1/2 pound | Chicken Salad \$5.50/1/2 pound

## PANINIS

Served until 4 pm. All paninis are served on a pressed ciabatta roll unless noted otherwise.

**Prosciutto Pesto Cutlet Panini \$13.52**

Imported prosciutto, olive oil, balsamic glaze, fresh mozzarella and basil.

**Classic \$14.04**

Grilled chicken, bacon, avocado, and mayo.

**BLT \$11.96**

Bacon, lettuce, tomato and mayo served on a ciabatta and pressed on the grill.

**Imported Prosciutto Panini \$13.52**

Imported prosciutto, fresh mozzarella, sliced tomatoes, basil, olive oil, and reduced balsamic glaze.

**Cubano \$13.00**

Housemade slow pulled pork, ham, mustard + Swiss, and pickles pressed on our panini grill.

**Turkey BLT \$13.00**

Turkey, lettuce, tomato, mayo, and bacon.

**Caprese Panini \$11.96**

Sliced tomatoes, fresh mozzarella, basil, oil, and reduced balsamic.

**Greener \$13.00**

Grilled chicken, pesto, tomato, lettuce, and fresh mozzarella.

**Nicoletta \$14.04**

Chicken cutlet, fresh mozzarella, lettuce, pesto, and mayo.

## DELI SANDWICHES

Bread Choices: Bulky Rolls, Scali Bread, Sub Rolls, Ciabatta, Wraps, Rye, Multigrain, Brioche, Figure 8 Roll.

**Ham & Cheese \$8.84**

Your choice of condiments.

**Caprese \$11.70**

Tomato, fresh mozzarella, basil, olive oil, and balsamic.

**Turkey Wrap \$13.26**

House turkey, Swiss, tomato, lettuce, mayo, and bacon.

**Chicken Cutlet Caprese \$14.04**

Sliced tomato, fresh mozzarella, basil, fried chicken cutlet, and reduced balsamic glaze.

**Super Italian \$18.46**

Italian cold cuts with imported prosciutto and provolone cheese with everything.

**Roast Beef \$11.96**

Your choice of condiments.

**Bait & Switch \$13.51**

Ham, turkey, lettuce, bacon, mayo, and tomato.

**Imported Prosciutto \$13.52**

Imported prosciutto, sliced tomatoes, fresh mozzarella, basil, balsamic, and olive oil.

**Grilled Chicken Caprese \$14.04**

Grilled chicken, balsamic, olive oil, sliced tomatoes, basil, and fresh mozzarella.

**Mambo Italiano \$14.30**

Italian cold cuts with everything on it and fresh mozzarella.

**Club Sandwich \$12.48**

Club sandwiches come standard with lettuce, tomato, mayo, and bacon. Choose between: Roast Beef, Turkey, Ham, and Grilled Chicken.

**Home-Made**

**Tuna Salad \$13.26**

Lettuce, tomato, and cheese.

**Turkey Cheese \$10.40**

Pick your condiments.

**Grande Italiano \$20.02**

Italian cold cuts, prosciutto, chicken cutlets, and provolone cheese served with tomato pickle, oil, onion, and hot pepper. Best on sub roll.

**Thanksgiving \$13.51**

House Turkey, mayo, stuffing, and cranberry sauce served on your choice of bread.

**Egg Salad \$11.96**

**The Stallion \$15.08**  
Chicken cutlets, eggplant, provolone, pesto, oil, and seasoning.

**Vegetarian**

**Eggplant \$13.00**

Eggplant, with fresh mozzarella, roasted red peppers, olive oil and oregano, and balsamic.

**Pugliese \$15.34**

Chicken or eggplant with fresh mozzarella, onion, roasted peppers, balsamic and olive oil, prosciutto, and seasonings.

**Ham, Salami and Cheese \$11.44**

Select your choice of cheese and toppings.

**Salami and Cheese \$10.40**

**Chicken Salad \$13.26**

Lettuce, tomato, and your choice of cheese.

**Eggplant Caprese \$14.04**

Fried Eggplant, sliced tomato, fresh mozzarella, oil, and reduced balsamic glaze.

## FRIES

**Home Fries | Waffle Fries \$5.46**

**6 pc Mozzarella Sticks \$6.99**

**Deep River Sour Cream \$2.07**

**Deep River Kettle BBQ \$2.07**

**Deep River Kettle \$2.07**

Original | Sweet Maui Onion  
Sea Salt and Vinegar

## HOT SANDWICHES

Bread Choices: Bulky Rolls, Scali Bread, Sub Rolls, Ciabatta, Wraps, Rye, Multigrain, Brioche, Figure 8 Roll.

**Chipotle Steak and Cheese \$14.30**

American cheese, shredded steak, and chipotle mayo.

**Chicken Chipotle \$14.04**

Chicken cutlets and chipotle, choose your condiments.

**Chicken Cutlet \$14.30**

Fresh Italian cutlets with your choice of bread and toppings.

**Pulled Pork \$13.00**

Barbecue sauce, pulled pork, bacon, honey mustard, and cheese.

**Reuben \$14.30**

Corned beef, Swiss, Russian dressing & sauerkraut served on rye.

**Buffalo Bacon Chicken \$14.30**

Cutlets, buffalo sauce, cheddar cheese, bacon, ranch dressing, and lettuce.

**Steak Bomb \$15.34**

Cheese, shredded beef, mushrooms, caramelized onions, peppers, and salami.

**Cheeseburger Sub \$15.08**

2 Patties, cheese, mayo, lettuce, and tomato.

**Eggplant Parm \$13.00**

Sauce, provolone + Romano cheese, basil and Italian style fried eggplant.

**Chicken Cordon Bleu \$14.04**

Chicken cutlets, mayo, Swiss lettuce, tomato, and baked ham.

**Steak & Cheese \$15.34**  
Shredded steak and cheese.

**Chicken Parm \$14.30**

Provolone, chicken cutlets, romano cheese, and sauce.

**Meatball Parm \$14.30**

House meatballs with provolone and Romano.

**Steak Tip Sub \$20.54**

Marinated tips with lettuce and tomato.

**Turkey Reuben \$13.00**

House turkey, sauerkraut, caramelized onions, and Russian dressing served on rye bread.

**Plain Jane \$14.04**

Chicken cutlets, honey mustard, and BBQ sauce.

**Grilled Chicken \$14.30**

Avocado, lettuce, Swiss, tomatoes, and mayo.

**Build Your Own Grilled Chicken \$11.44**

**Grilled Cheese \$5.71**

Your choice of cheese is served on thickly sliced Texas toast.

## WRAP SANDWICHES

Served until 4 pm. All paninis are served on a pressed ciabatta roll unless noted otherwise.

**Hummus Wrap \$9.88**

House made hummus with lettuce, tomatoes, avocado and cucumber.

**Grilled Chicken Wrap \$14.30**

Grilled chicken, mayo, swiss cheese, avocado, lettuce and tomato.

**Santorini \$14.30**

Hummus, grilled chicken, feta cheese, lettuce olives, tomatoes and greek dressing.

**Buffalo Bacon Wrap \$13.75**

Chicken cutlets, lettuce, bacon, ranch and buffalo dressings.

**Turkey Wrap \$13.00**

Bacon, house-made turkey, lettuce, mayo, tomatoes, and Swiss.

**Chicken Chipotle \$13.00**

Chicken cutlets, chipotle sauce and your choice of condiments.

**BLT Arizona \$14.30**

Ranch dressing, house turkey, avocado, lettuce, bacon and tomato.

**Caesar Wrap \$9.88**

Grilled or chicken cutlet, croutons, romano cheese, caesar dressing, tomato and onion

Add grilled chicken +\$3.5.

**Steak Tip Caesar \$20.54**

Romaine lettuce, Romano cheese, tomatoes, onions, and Caesar dressing.