

BREAKFAST

Big Poppa Breakfast Panini \$11.96

Hungry man special. Bacon, ham and sausage, 2 eggs and cheddar on a pressed ciabatta or wrap.

Standard Sandwich \$6.76

Choice of Sausage, Ham, or Bacon with eggs and caramelized onions.

Mediterranean Egg White \$9.88

Egg whites, tomatoes, spinach, red peppers, Swiss + mayo served on a pressed ciabatta.

Egg & Cheese \$5.15

Choose your bread | Add Sausage, Ham, or Bacon +\$2.00.

Chicken Chipotle Breakfast Sandwich \$11.18

Grilled chicken, avocado, 2 eggs, chipotle mayo + cheddar cheese. Best served in a wrap or ciabatta.

SMOOTHIE BAR

Coconut Fig \$9.10

Coconut, figs, banana, and cinnamon.

Mango Blend \$9.10

Mango, coconut water, agave, and yogurt.

Reading Rocket \$9.62

Flex seeds, almond milk, spinach, banana, and strawberries.

Green Smoothie \$9.10

Almond milk, mango, spinach, kale, and banana.

Mr. Professor \$9.10

Triple berry mix, cucumber, apple juice, and mint.

Pineapple Sensation \$9.10

Blueberry, strawberry, pineapple, and orange juice.

Avocado Toast \$11.18

Eggs, avocado and spices served on multigrain.

Breakfast Prosciutto Panini \$13.00

2 eggs, prosciutto, sliced tomato, reduced balsamic, and fresh mozzarella served on a pressed ciabatta.

E.B.LT Panini \$10.66

Eggs, bacon, lettuce, tomato, and mayo usually served on a pressed ciabatta or sub roll.

Good Morning \$10.14

2 eggs, avocado caramelized onions, tomato, mayo and cheddar.

Steak and Bake \$12.45

Toasted Bagels \$2.07

Fresh-toasted bagels from plain or everything!

PROTEIN SMOOTHIES

Peanut Butter & Jelly \$10.92

Peanut butter, oats, almond milk, berry blend, brown sugar, and vanilla protein.

Marvelous Mango \$10.92

Apple juice, mango, yogurt, and vanilla protein.

Super Charger \$10.92

Strawberry, mango, banana, almond milk, and vanilla protein.

Hey Tony \$10.92

Coconut, bananas, figs, vanilla protein, and granola.

Tropical \$10.92

Mango, strawberry, banana, almond milk, vanilla protein, brown sugar, and orange.

Pineapple Avocado \$10.92

Avocado, pineapple, almond milk, vanilla protein, yogurt, and banana.

Acai Bowl \$13.51

Blended acai, banana, strawberries, almond milk, and topped with granola and chia seeds.

Chia Pineapple \$10.92

Banana, chia seeds, pineapple, almond butter, almond milk, and vanilla protein.

505 \$10.92

Mango, oats, banana, figs, almond milk, and vanilla protein.

Peanut Butter Blast \$10.92

Banana, milk, chocolate syrup, chocolate protein, peanut butter, and yogurt.

TAKEOUT / DELIVERY



JUICE BAR & TEA

Apple Juice \$6.24

House Juice \$7.54

Carrot, apple, beets, and ginger.

Celery Juice \$6.24

Carrot Juice \$6.24

Wake Up \$8.06

Kale, cucumber, carrots, apple, and orange.

Green Goddess \$8.06

Kale, spinach, cucumbers, apple, and lemon.

Lemon Green \$8.06

Kale, celery, apple, lemon, and ginger.

Miami Sunshine \$8.06

Carrot, apple, celery, and lemon.

English Tea \$2.34

781-779-1794

505 Main Street • Reading, MA

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Parking available on the Green Street side

Hours of Operation

Monday, 8am - 4pm

Tuesday-Friday, 8am - 6:30pm

Saturday, 8am - 4pm

Sunday, 8am - 3pm

All menu prices subject to change. Rev. 12/25.

SOUPS, SALADS, & BOWLS

Chicken Noodle Soup \$6.75

Wedding Soup \$6.23

Pasta Fagioli Soup \$6.23

Greek Salad \$9.87

Mixed greens, olives, carrots, tomatoes, red onions, cucumbers, and feta cheese.

Caesar Salad \$9.35

Romaine, tomatoes, red onions, Romano cheese, and croutons.

Garden Salad \$9.35

Mixed greens, olives, carrots, tomatoes, red onions, and cucumbers.

Chickpea Mediterranean Salad \$12.47

3 different types of peppers, feta cheese, chick peas, red onions and olives.

DELI SALADS

Tri Color Pasta Salad \$4.15/1/2 pound | Potato Salad \$2.59/1/2 pound

Pesto Pasta Salad \$4.15/1/2 pound

Nut-free house-made pesto with bowtie pasta.

Tuna Salad \$5.50/1/2 pound | Chicken Salad \$5.50/1/2 pound

PANINIS

Served until 4 pm. All paninis are served on a pressed ciabatta roll unless noted otherwise.

Prosciutto Pesto Cutlet Panini \$13.52

Imported prosciutto, olive oil, balsamic glaze, fresh mozzarella and basil.

Classic \$14.04

Grilled chicken, bacon, avocado, and mayo.

BLT \$11.96

Bacon, lettuce, tomato and mayo served on a ciabatta and pressed on the grill.

Imported Prosciutto Panini \$13.52

Imported prosciutto, fresh mozzarella, sliced tomatoes, basil, olive oil, and reduced balsamic glaze.

Cubano \$13.00

Housemade slow pulled pork, ham, mustard + Swiss, and pickles pressed on our panini grill.

Turkey BLT \$13.00

Turkey, lettuce, tomato, mayo, and bacon.

Caprese Panini \$11.96

Sliced tomatoes, fresh mozzarella, basil, oil, and reduced balsamic.

Greener \$13.00

Grilled chicken, pesto, tomato, lettuce, and fresh mozzarella.

Nicoletta \$14.04

Chicken cutlet, fresh mozzarella, lettuce, pesto, and mayo.

DELI SANDWICHES

Bread Choices: Bulky Rolls, Scali Bread, Sub Rolls, Ciabatta, Wraps, Rye, Multigrain, Brioche, Figure 8 Roll.

Ham & Cheese \$8.84

Your choice of condiments.

Caprese \$11.70

Tomato, fresh mozzarella, basil, olive oil, and balsamic.

Turkey Wrap \$13.26

House turkey, Swiss, tomato, lettuce, mayo, and bacon.

Chicken Cutlet

Caprese \$14.04

Sliced tomato, fresh mozzarella, basil, fried chicken cutlet, and reduced balsamic glaze.

Super Italian \$18.46

Italian cold cuts with imported prosciutto and provolone cheese with everything.

Roast Beef \$11.96

Your choice of condiments.

Bait & Switch \$13.51

Ham, turkey, lettuce, bacon, mayo, and tomato.

Imported

Prosciutto \$13.52

Imported prosciutto, sliced tomatoes, fresh mozzarella, basil, balsamic, and olive oil.

Grilled Chicken

Caprese \$14.04

Grilled chicken, balsamic, olive oil, sliced tomatoes, basil, and fresh mozzarella.

Mambo

Italiano \$14.30

Italian cold cuts with everything on it and fresh mozzarella.

Club Sandwich

\$12.48

Club sandwiches come standard with lettuce, tomato, mayo, and bacon. Choose between: Roast Beef, Turkey, Ham, and Grilled Chicken.

FRIES

Home Fries | Waffle Fries \$5.46

6 pc Mozzarella Sticks \$6.99

Deep River Sour Cream \$2.07

Home-Made

Tuna Salad \$13.26

Lettuce, tomato, and cheese.

Turkey Cheese \$10.40

Pick your condiments.

Grande Italiano \$20.02

Italian cold cuts, prosciutto, chicken cutlets, and provolone cheese served with tomato pickle, oil, onion, and hot pepper. Best on sub roll.

Thanksgiving \$13.51

House Turkey, mayo, stuffing, and cranberry sauce served on your choice of bread.

Egg Salad \$11.96

The Stallion \$15.08

Chicken cutlets, eggplant, provolone, pesto, oil, and seasoning.

Vegetarian

Eggplant \$13.00

Eggplant, with fresh mozzarella, roasted red peppers, olive oil, and oregano, and balsamic.

Pugliese \$15.34

Chicken or eggplant with fresh mozzarella, onion, roasted peppers, balsamic and olive oil, prosciutto, and seasonings.

Ham, Salami and Cheese \$11.44

Select your choice of cheese and toppings.

Salami and Cheese \$10.40

Chicken Salad \$13.26

Lettuce, tomato, and your choice of cheese.

Eggplant Caprese \$14.04

Fried Eggplant, sliced tomato, fresh mozzarella, oil, and reduced balsamic glaze.

HOT SANDWICHES

Bread Choices: Bulky Rolls, Scali Bread, Sub Rolls, Ciabatta, Wraps, Rye, Multigrain, Brioche, Figure 8 Roll.

Chipotle Steak and Cheese \$14.30

American cheese, shredded steak, and chipotle mayo.

Chicken Chipotle \$14.04

Chicken cutlets and chipotle, choose your condiments.

Chicken Cutlet \$14.30

Fresh Italian cutlets with your choice of bread and toppings.

Pulled Pork \$13.00

Barbecue sauce, pulled pork, bacon, honey mustard, and cheese.

Reuben \$14.30

Corned beef, Swiss, Russian dressing & sauerkraut served on rye.

Buffalo Bacon Chicken \$14.30

Cutlets, buffalo sauce, cheddar cheese, bacon, ranch dressing, and lettuce.

Steak Bomb \$15.34

Cheese, shredded beef, mushrooms, caramelized onions, peppers, and salami.

Cheeseburger Sub \$15.08

2 Patties, cheese, mayo, lettuce, and tomato.

Eggplant Parm \$13.00

Sauce, provolone + Romano cheese, basil and Italian style fried eggplant.

WRAP SANDWICHES

Served until 4 pm. All paninis are served on a pressed ciabatta roll unless noted otherwise.

Hummus Wrap \$9.88

House made hummus with lettuce, tomatoes, avocado and cucumber.

Grilled Chicken Wrap \$14.30

Ranch dressing, house turkey, avocado, lettuce, bacon and tomato.

Caesar Wrap \$9.88

Grilled or chicken cutlet, croutons, romano cheese, caesar dressing, tomato and onion

Add grilled chicken +\$3.5.

Steak Tip Caesar \$20.54

Romaine lettuce, romano cheese, tomatoes, onions, and Caesar dressing.