



CEDAR LAKE
MERRILLVILLE
MUNSTER
SCHERERVILLE
VALPARAISO



EL SALTO

MEXICAN RESTAURANT AND CANTINA

f @EL_SALTO

ELSALTORESTAURANT.COM

APPETIZERS

SAMPLE PLATTER*

Nachos with seasoned ground beef, lettuce, pico de gallo, cheese, sour cream, and queso fresco, plus a quesadilla, chicken rolled taquitos, and hand-breaded shrimp, served with avocado dip and sour cream 18



SAMPLER PLATTER



NACHOS SUPREMOS

QUESO FUNDIDO

Melted Chihuahua cheese, topped with grilled chorizo. Served with tortillas 10

CARNE ASADA FRIES*

Fries topped with steak, cheese, pico de gallo, guacamole, and sour cream 12

CEVICHE*

Fresh raw shrimp cured in lime juice, mixed with onions, tomato, cilantro, cucumbers, and avocado 14

(may vary per location)



DIPS

QUESO Small 6 • Large 10
GUACAMOLE Small MP • Large MP
MEAT RICE 8
BEAN QUESO 8

BIRRIA*

Shredded beef simmered in a rich stew, cilantro & onion, served with rice & consommé 18

TACOS (3) • QUESADILLAS (3) • TORTA • PIZZA • FLOUR TORTILLA FOR PIZZA • CORN TORTILLAS FOR TACOS & QUESADILLAS

NACHOS SUPREMOS*

Tortilla chips, topped with your choice of protein, beans, cheese, lettuce, pico de gallo, guacamole, sour cream, and a side of jalapeño pepper 14

STEAK • CHICKEN • PASTOR

FAJITA NACHOS

Tortilla chips topped with your choice of fajita-style chicken or steak, bell pepper, tomatoes, onions and Chihuahua cheese 12 • STEAK 14

CALAMARI

Hand-breaded calamari, served with a spring mix salad, peppers, and chipotle aioli 16

CORN IN A CUP

Mexican-style fresh corn with mayonnaise, butter, cotija cheese, and chile 8

NACHOS EL SALTO

Tortilla chips layered with beans marinated pork chunks, melted Chihuahua cheese, sour cream, and jalapeños 12



QUESA BIRRIA

SALADS

FAJITA TACO SALAD

Crispy flour tortilla shell, filled with beans, your choice of protein, bell pepper, onions, and tomatoes. Topped with lettuce, cheese, and sour cream

CHICKEN 14 • STEAK 15 • SHRIMP 17

TACO SALAD

Crispy flour tortilla shell, filled with beans, your choice of shredded or ground beef. Topped with lettuce, tomatoes, cheese, and sour cream 12

EL SALTO SALAD

Our simple, yet delightful, low-carb salad with spring lettuce, tomatoes, onions, green peppers, cucumbers, shredded Monterey Jack cheese 8

ADD: CHICKEN 6 • STEAK 7 • SHRIMP 8

SOUPS

CALDO DE POLLO

Chicken soup with vegetables, onion & cilantro, served with rice & tortillas 16

CALDO DE RES

Beef soup with vegetables, onion & cilantro, served with rice & tortillas 16

POZOLE

Pork & hominy soup, onion, radish & cabbage, served with tortillas 16

TORTILLA CHICKEN SOUP

Tomato-chicken broth, shredded chicken, crispy tortilla strips, and queso fresco 10

MENUDO

Beef tripe, onion, cilantro, oregano & roasted chile de árbol, served with tortillas 16

(may vary per location)

TACOS

TACOS TRADICIONALES

Your choice of three corn or flour tortillas garnished with onion and cilantro or lettuce and cheese. Served with a side of rice and beans

SHRIMP OR STEAK 18 • CHICKEN OR PASTOR 17 • CARNITAS, CHORIZO OR GROUND BEEF 15

TACOS MICHOACANOS

Three tacos with grilled shrimp, chicken, and steak, topped with our house sweet & mildly spicy sauce, lettuce, tomato, and shredded Monterey cheese, served with rice and beans 18

EL SALTO CHEESE STEAK TACOS

Three tortillas served flat topped with tender grilled steak strips, grilled onions and cheese sauce. Served with rice and beans 17

TACOS JALISCO

Three tacos, grilled chicken, melted cheese, lime-cilantro marinated peppers & onions, avocado, served with rice and beans 18



TACOS JALISCO

BURRITOS

Make it deep-fried +2

BURRITO MEXICANO

Your choice of meat, grilled onions, bell peppers, tomatoes, beans & rice, topped with cheese, green & red sauce

CHICKEN 14 • STEAK 16

BURRITO CALIFORNIA

Your choice of meat, beans, grilled mushrooms, tomatoes & onions, topped with cheese sauce & green sauce

CHICKEN 14 • STEAK 16

BURRITO DELUXE

Ground beef or shredded chicken, beans, rice, lettuce, tomato & sour cream, topped with cheese sauce & red sauce 15

BURRITO EL SALTO

Grilled chicken, steak & bacon, beans, guacamole, sour cream & cheese, topped with tomatillo & cheese sauce, lettuce & tomato 17

BURRITO EL CHARRO

Grilled steak, chicken & bacon, poblano peppers, onions & black beans, cheese, topped with cheese sauce 17



BURRITO MEXICANO

QUESADILLAS

GARDEN QUESADILLA

Flour tortillas, melted cheese & guacamole, topped with sour cream & tomato, served with rice & beans 13

VEGGIE FAJITA QUESADILLA

Flour tortilla, cheese, peppers, onions, tomatoes & mushrooms, cheese sauce, served with rice, lettuce, tomato & sour cream 13

QUESADILLA ESTILO FAJITA

Flour tortilla, cheese, peppers & onions, tomatoes, choice of protein, topped with cheese sauce

CHICKEN 14 • STEAK 15 • SHRIMP 17

QUESADILLA LA GRINGA

Three flour quesadillas filled with marinated pork and melted cheese, along with a side of sour cream and pico de gallo 14



TORTAS

HANDHELDS

BACON CHEESEBURGER

Beef patty, thick-cut bacon, American cheese, grilled onions, lettuce, tomato & mayonnaise, toasted bun, served with fries 14

SHRIMP BASKET

Eight fried jumbo shrimp, served with fries 16

TORTAS

Beans, sour cream, guacamole, lettuce & tomato, served with fries STEAK 14 • CHICKEN, PASTOR, CARNITAS, OR CHORIZO 13

FAJITAS

Sizzling on a hot comal with grilled tomatoes, onions & bell peppers, served with rice, beans, lettuce, tomato, topped with sour cream & tortillas

SHRIMP 22 • STEAK 20 •

CHICKEN & STEAK 20 •

FAJITAS TEXANAS 21

(STEAK, CHICKEN & SHRIMP) •

CHICKEN 19 • VEGGIE 15

*THE VEGGIE FAJITA INCLUDES MUSHROOMS



FAJITAS CHICKEN

SPECIAL DINNERS

LA PARRILLADA (FOR TWO)

Grilled chicken, skirt steak, shrimp & chorizo, asadero cheese, grilled onions, tomatoes & whole jalapeños, served with rice, beans & tortillas 56

MOLCAJETE

Grilled shrimp, steak, chicken & chorizo, onions & melted cheese, served in a traditional stone mortar with rice, beans & tortillas 26

CHEF PLATTER

Grilled chicken & shrimp, bacon, poblano peppers, mushrooms & onions, over rice, topped with cheese, served with flour or corn tortillas 22

CHILES POBLANOS

Two egg-battered poblano peppers, melted cheese, red sauce, lettuce, tomato & sour cream, served with rice, beans & tortillas 18

CARNITAS DINNER

Marinated pork, rice, beans, lettuce, pico de gallo & jalapeño, served with tortillas 16

FLAUTAS DELUXE

Three fried corn tortillas, shredded chicken, lettuce, tomato & sour cream, served with rice & beans 15



LA PARRILLADA

CHIMICHANGAS

Two fried flour tortillas, shredded chicken, topped with red & cheese sauce, lettuce, tomato & sour cream, served with rice & beans 15

CARNE EN CHILE ROJO*

Tender beef simmered in a rich, savory red sauce with grilled onions, served with rice, beans, and your choice of tortillas 18

ENCHILADAS "YOLANDAS"

Three enchiladas, shredded chicken or ground beef, topped with cheese & mole sauce, served with lettuce, tomato, rice, & beans 15



ENCHILADAS "YOLANDAS"

SEAFOOD

CAMARONES

Served with rice, lettuce, and tomatoes 22
A LA DIABLA: Sautéed shrimp in a mild or spicy sauce

AL MOJO DE AJO: Sautéed shrimp in a light garlic butter sauce

HUACHINANGO

Served with rice, garnished with lettuce and tomatoes M/P

A LA VERACRUZANA: Whole fried red snapper in red salsa ranchera

AL MOJO DE AJO: Whole fried red snapper in a light garlic butter

FISH TACOS (3)

Grilled tilapia, lettuce, tomato & cheese, habanero mango sauce, served with rice 15

SHRIMP COCKTAIL

Shrimp, onion, tomato, cilantro & avocado, house cocktail sauce
SMALL 10 . LARGE 14

TACOS CAMARÓN CHIPOTLE (3)

Grilled shrimp, chipotle sauce, cabbage & pico de gallo, served with rice 17



TACOS CAMARÓN CHIPOTLE

FROM THE GRILL

BISTEK EL SALTO

Skirt steak, green sauce, grilled peppers & tomatoes, raw onion, served on a hot comal with rice, beans, lettuce, sour cream, tomato & tortillas 27

CARNE ASADA

Skirt steak, cebollitas & avocado, lettuce & tomato, served with rice, beans & tortillas 26

ALAMBRE

Grilled steak, bacon, onions, tomatoes & poblano peppers, melted cheese, served with rice, beans & tortillas 25

BISTEK A LA MEXICANA

Diced skirt steak, grilled onions, tomatoes & jalapeños, served with rice, beans & tortillas 25

POLLO EL SALTO

Chicken, onions, poblano peppers & corn, guacamole tomatillo sauce, served with rice, beans, sour cream, lettuce, tomato & tortillas 18

POLLO SANTA FE

Grilled chicken, melted cheese, spinach, onions & mushrooms, served with rice, beans, sour cream, lettuce, tomato & tortillas 18

POLLO IXTAPA

Chicken breast, grilled onions & pineapple, house sauce, served with rice, beans, sour cream, lettuce, tomato & tortillas 18

POLLO LOCO

Grilled chicken, onions, tomatoes, served with rice, beans, lettuce, tomato & tortillas 18

ARROZ CON POLLO*

Grilled chicken over rice, queso dip, sour cream, lettuce & tomato, served with tortillas 16



BISTEK EL SALTO

A LA CARTE

TACO

Corn or flour tortilla garnished with onion and cilantro, or lettuce and cheese with your protein of choice:

STEAK, SHRIMP, PASTOR, OR GRILLED CHICKEN 4.25 • GROUND BEEF, SHREDDED CHICKEN, CHORIZO, OR CARNITAS 4.00

FLAUTA

Shredded chicken 4.25

QUESADILLA

CHEESE 3.50 • CHICKEN 4.25
STEAK 4.50 • SHRIMP 5.00

TAMALE

Marinated pork topped with mole and melted cheese 4.50

CHILE POBLANO

One breaded poblano pepper filled with melted cheese and topped with red sauce 6.50

TOSTADA

Beans, lettuce, tomatoes, and cheese
Protein of choice:

STEAK, SHRIMP, PASTOR, CHORIZO
GROUND BEEF, SHREDDED CHICKEN
GRILLE CHICKEN 4.75 • CARNITAS 4.50



TACOS

SIDES

RICE | BEANS | CHILES TREADOS | SLICED AVOCADO
CEBOLLITAS | JALAPEÑOS | FRIES | CHIPS | SALSA DE LA CASA
SALSA DE ARBOL | SOUR CREAM | GUACAMOLE | SALSA VERDE

DESSERTS

FLAN

Custard complemented by a sweet caramel sauce

CHEESECAKE BURRITOS

Tortilla filled with cheesecake, topped with whipped cream, and strawberry and chocolate syrup

CHURROS

Fried churros, coated in cinnamon sugar, served with ice cream and topped with chocolate and strawberry syrup



CHURROS



FLAN

FRIED ICE CREAM

Vanilla ice cream coated in a crispy shell with cinnamon and sugar, drizzled with honey

WARM FUDGE BROWNIE

Brownie served warm, topped with vanilla ice cream, and drizzled with chocolate sauce

ASK FOR THE DESSERT OF THE WEEK!

SOFT DRINKS

PEPSI PRODUCTS



AGUAS FRESCAS

ASK ABOUT OUR AVAILABLE FLAVOURS



AGUAS FRESCAS

Parties of 6 or more will have a 20% gratuity added.
Please note that our food may contain or come into contact with common allergens, including dairy, eggs, wheat, soy, tree nuts, peanuts, fish, and shellfish.

* New menu items • Two-hour seating per guest
Hot salsa available upon request • First chips complimentary, additional orders +2