

# la Méditerranée

— SINCE 1981 —  
CATERING MENU

2019 Examiner  
**Readers' CHOICE WINNER**  
BEST CATERER



— ORDER ONLINE —

[www.lamednoe.com](http://www.lamednoe.com)  
[information@lamednoe.com](mailto:information@lamednoe.com)

OR CALL

**(415) 431-7210**

288 Noe St. (at Market), Castro District, San Francisco

PICKUP & DELIVERY

## *La Méditerranée Chez Vous!*

Founded in 1981, our award winning and casually elegant finger foods are perfect for parties, picnics, meetings, office luncheons, and get-togethers of all kinds.



A 4.75% fee will be added to your bill to cover the cost of  
San Francisco Employer Mandates & Green Business Initiatives

## ∞ Prix-Fixe Menus ∞

**Take the guesswork out of your preparations!**

MIN. ORDER: 10 PEOPLE

### LUNCH MEZA

Hummos, Organic Green Salad, Falafel, Rice Pilaf,  
Grecian Spinach & Feta Fillo, and choice of entrée:

- Chicken Pomegranate (gf)
- Chicken Cilicia Fillo
- Grilled Vegetables (vegan, gf)
- Salmon Kebabs (gf) add \$3.50
- Halal Saffron Chicken Kebabs (gf) add \$2
- Beef Kafta Kebabs (gf) add \$2
- Lamb Lule (gf) add \$2

\$19.95/person (one entrée) | \$22.95/person (two entrées)



### THE MEDITERRANEAN MEZA

- Hummos (vegan, gf)
- Baba Ghanoush (vegan, gf)
- Tabuleh (vegan)
- Armenian Potato Salad (vegan, gf)
- Falafel (vegan, gf)
- Dolma (vegan, gf)
- Grecian Spinach & Feta Fillo
- Chicken Cilicia Fillo
- Chicken Pomegranate (gf)
- Lamb Lule (gf)
- Rice Pilaf (vegan, gf)

\$34/person

### THE MEZA MAGNIFIQUE

Everything in the Mediterranean Meza, plus Feta, Olives,  
Fruit & Cheese, Baklava and Datil Amandra.

\$38/person

### *New!* THE LUNCH SANDWICH COMBO

Chicken Shawerma and Falafel Sandwiches served buffet style with  
organic green salad, hummos and a trio of sauces ... \$19.95/person

# PARTY PLATTERS

*Our most popular finger foods, beautifully arranged and ready to serve.*

## **Mini** (serves 6)

24 pieces (6 of each item) . . . . . \$59

## **Small** (serves 12)

48 pieces (12 of each item) . . . . . \$104

## **Medium** (serves 20)

80 pieces (20 of each item) . . . . . \$155

## **Large** (serves 30)

120 pieces (30 of each item) . . . . . \$199



## **EACH PARTY PLATTER INCLUDES:**

**Chicken Cilicia** — Cinnamon spiced chicken and raisins baked in bite-sized fillo pastry.

## **Grecian Spinach & Feta Fillo**

Tasty spinach and feta cheese baked in bite-sized fillo pastry.

**Levant Sandwiches** — Vegetarian rolled finger sandwiches with cream cheese, herbs & fresh veggies.

**Dolma** (*vegan, gf*) — Grape leaves stuffed with rice, herbs, lemon & olive oil.

**Falafel** (*gf*) *can be substituted for any item on party platter*

Vegan garbanzo patties with Tahini Dip

Add quart of hummos & bag of pita to any party platter for \$32

## **VEGETARIAN/VEGAN PARTY PLATTERS**

Dolma, Spinach Fillo, Levant Sandwich and Falafel

*Platters can be all of one item upon request.*

# APPETIZER DIP PLATTERS

Choose 3-4 items below. Comes with pita bread for dipping.

**Hummos** (*vegan, gf*): Traditional garbanzo bean & garlic dip

**Roasted Red Pepper Hummos** (*vegan, gf*):

Mildly spicy with roasted chili and red pepper

**Baba Ghanoush** (*vegan, gf*): Grilled eggplant & garlic dip

**Djajiki** (*gf*): Lebni yogurt, garlic & cucumber dip

**Tabuleh** (*vegan*): Cracked wheat, parsley, tomato & lemon juice

**Harissa** (*vegan, gf*): Tomato, roasted pepper & walnut dip

**Armenian Potato Salad** (*vegan, gf*):

with diced tomatoes, mint, olive oil, lemon, parsley

## Mini Tray

(serves 10) ... \$45

## Small Tray

(serves 15) ... \$74

## Large Tray

(serves 30) ... \$120

## Dips A La Carte

12 oz. (serves 5)..... \$19

Quart (serves 12) ..... \$28

Gallon (serves 50) ..... \$95

Bag Pita ..... \$7

Bag Pita Chips ..... \$14

12 oz. Olives ..... \$14

8 oz. Red or Green

Hot Sauce (Zhoug) ... \$7.95



**Humm-Baby! Falafel Tray** (*vegan, gf*): 1/2 Hummos, 1/2 Falafel

Mini (serves 12) ... \$49 Small (serves 20) ... \$82

Large (serves 40) ... \$139 Dozen Falafel (with tahini)... \$24

## MIXED GREEN SALAD (*gf*)

Organic mixed greens, tomato, cucumber, feta cheese, olives, veggies, & our vegan tomato vinaigrette.

Mini (serves 10) .... \$45

Small (serves 20) ... \$65

Large (serves 40) ... \$99

## FRESH VEGGIE TRAY

Served with Tahini Dip

Mini (serves 10) ... \$45

Small (serves 20) ... \$74

Large (serves 40) ... \$106

## Hot Entrées

### **CHICKEN POMEGRANATE DRUMSTICKS** *(gf)*

Sustainably-sourced drumsticks slow baked in our  
homemade pomegranate sauce ... \$60/dozen (\$5 each)

### **HALAL LAMB LULE MEATBALLS** *(gf)*

Superior Farms halal lamb meatballs stewed in our tomato onion sauce  
\$66/dozen (\$5.50/each)



### **Lamb Sirloin** *(gf)* *or* **Salmon Kebab Skewers** *(gf)*

Mini ... \$84/dozen (\$7/each)    Large ... \$150/dozen (\$12.50/each)

### **Halal Saffron Chicken Breast Skewers** *(gf)* *or* **Prather Ranch Beef Kafta Meatball Skewers** *(gf)*

Mini ... \$81/dozen (\$6.75/each)    Large ... \$120/dozen (\$10/each)

### **— RICE PILAF** *(vegan, gf)* **—**

Quart (serves 5-8) ... \$18    Gallon (serves 20-30) ... \$59

## Sandwich Platters

### **Chicken Shawarma | Lamb Shawarma**

Rolled in lavash with greens and cucumber yogurt sauce

### **Falafel Sandwich** *(vegan)*

Garbanzo patties rolled in lavash w/fresh greens & tahini

Small (7 whole/14 halves) ... \$99    Large (10 whole/20 halves) ... \$135

## Box Lunches

*Includes organic mixed green salad, hummos, pita bread and compostable cutlery.*

### *New!* **GRILLED CHICKEN SALAD** (gf)

Halal saffron chicken breast kebab over organic greens with tomato, cucumber, egg & feta ... \$20.50

### **SAFFRON CHICKEN BREAST KEBAB** (gf)

Halal chicken, grilled and served over rice pilaf ... \$20.50

### **CHICKEN POMEGRANATE** (gf)

Three local and sustainably-sourced drumsticks marinated in pomegranate sauce, served over rice pilaf ... \$19.50

### **LAMB LULE** (gf)

Local, grass-fed Superior Farms halal lamb meatballs in a tomato-onion sauce, served over rice pilaf ... \$21.50

### **FALAFEL** (vegan)

Crisp falafel balls w/fresh greens & tahini ... sandwich \$18.50 rice plate \$19.50

### **CHICKEN SHAWARMA**

Spiced baked chicken, served with a cucumber yogurt sauce sandwich \$19.50 | salad \$19.50 | rice plate \$21.50

### **FALAFEL SALAD** (vegan, gf)

Crisp falafel balls over organic greens with veggies, our house vinaigrette and tahini dressing ... \$18

### **SALMON SALAD**

Sustainably-sourced skewer of salmon over organic greens, tomato, egg, cucumber and feta ... \$22

### **SALAD MEDITERRANÉE**

Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad, Lentil Salad & Mixed Organic Greens with feta (*can be made vegan*) ... \$19.50

### **DRINKS & TABLEWARE**

Iced Tea (Moroccan Mint, Black, or Hibiscus),

Organic Lemonade, Arnold Palmer... \$14 liter/bottle

Coke, Diet Coke, Sprite, Bottled Water, Sparkling Water ... \$4.00/ea.

Compostable tableware setting (includes plates, cutlery, napkins, bamboo tongs and serving spoons) ... \$5/set of 10

**– Call for Wine & Beer Selection –**



# Fruit & Sweets

## FRUIT & CHEESE TRAYS

Seasonal assortment of fresh fruit and cheeses beautifully decorated for any occasion.

## SWEET TRAYS

Bite-size pieces of Datil Amandra, Baklava and homemade cake bites made with locally sourced organic dates & walnuts.

## COMBINATION TRAYS

*Choose a little of each!*

Combine the Fruit & Cheese Tray with the Sweet Tray to please everyone!

Mini (serves 10) ..... \$59

Small (serves 25) ..... \$99

Large (serves 50) ..... \$165

***Our Baklava is prepared with locally sourced organic walnuts!***

## Charcuterie Platter

Small (serves 20) ..... \$91

Large (serves 40) ..... \$156

## Organic Roasted Dates with Goat Cheese & Walnuts (gf)

Small (serves 20) ..... \$75

Large (serves 40) ..... \$145

## Lemon Cake Tray

Small (serves 25) ..... \$99

Large (serves 50) ..... \$165



## ∞ Pickup & Delivery ∞

**AVAILABLE TUESDAY-SUNDAY**

Call for same day orders.

### **San Francisco Delivery**

Please call for a quote.

### **Marin & South Bay Area Delivery**

Delivery charges are based on distance and size of order.

Please call for a quote.



## ∞ Weddings & Events ∞

In addition to our drop-off services we also offer catering for weddings, conferences and special events.

*Call one of our catering managers for more information.*

We require 24 hour notice for cancellation.

Less than 24 hour notice will result in a 75% charge of the order.

Same day cancellations will be charged in full.

For orders over \$1,000 we require 5 days notice for cancellation or it will result in a 50% charge of the order.

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