

LUNCH SPECIALS

(SERVED UNTIL 4PM DAILY)

• Middle Eastern Plate •

Served with Hummus, Pita, and your choice of Soup, Organic Green Salad or Armenian Potato Salad

Spinach & Feta Fillo

Cheese Karni Fillo

Falafel (vegan, gf)

Levant Sandwich

Dolma Grape Leaf (vegan, gf)

Choice of 3 Items - \$18.50

Chicken Cilicia Fillo

Chicken Pomegranate (gf)

Lamb Lule (gf) add \$1.00

Entrées served with Hummus, Pita and your choice of Soup, Organic Green Salad or Armenian Potato Salad

Chicken Pomegranate | Three local & sustainably-sourced drumsticks marinated in a pomegranate sauce, served over rice pilaf (gf) \$18.50

Lamb Lule | Local, grass-fed Superior Farms Halal Lamb meatballs, served in a tomato-onion sauce, served over rice pilaf (gf) \$19.50

Halal Saffron Chicken Kebab | One grilled chicken skewer served with rice pilaf and a cucumber yogurt sauce (gf) \$19

Beef Kafta Kebab | One Prather Ranch beef meatball skewer, grilled & served with rice pilaf (gf) \$20.50

Lamb Sirloin Kebab | One skewer and served with rice pilaf and a cucumber yogurt sauce (gf) \$20.50

Salmon Kebab | One sustainably-sourced grilled salmon skewer marinated in dill & tomato, over rice (gf) \$20

Veggie Kebab | One Skewer of marinated Vegetable Kebabs, served over rice pilaf (gf) \$19.50

Lebanese Beef Kibbeh | Prather Ranch spiced ground beef meatballs with cracked wheat, toasted pine nut & herbs, served with a cucumber yogurt sauce and rice pilaf \$19.50

Grilled Lamb Shawarma | Spiced and baked Superior Farms halal lamb, served with a cucumber-yogurt sauce sandwich \$19 over rice \$20

Grilled Chicken Shawarma | Spiced and baked chicken served with a cucumber yogurt sauce sandwich \$18.50 over rice \$19.50

Grilled Falafel | House-made falafel balls served with tahini (vegan) sandwich \$17.50 over rice \$18.50

Mushroom Quiche | Two slices of our vegetarian Quiche \$18.50

• Salads •

Served with Fresh Pita

Falafel Salad | Crisp falafel balls over organic greens with veggies, house tomato vinaigrette & tahini dressing (vegan, gf) \$17.50

Salad Méditerranée | Hummus, Baba Ghanoush, Tabouleh, Armenian Potato Salad, Three Bean Salad & organic greens with feta \$18.50

Chicken Salad | Halal saffron chicken kebab over organic greens, tomato, cucumber & feta (gf) \$19

Three Bean Salad | Over organic greens with tomato, cucumber, feta & our house tomato vinaigrette (gf) \$17.50

Salmon Salad | Sustainably-sourced skewer of Salmon over organic greens, tomato, cucumber & feta (gf) \$20

• Desserts •

Muhalabiye (rosewater pudding w/pistachios) (gf) | **Datil Amandra** (organic dates & nuts in fillo)

Pistachio Nest | **Baklava** | **Chocolate Mousse (gf)** ... \$10 each

— SEE DRINK LIST FOR BEVERAGES —

la Méditerranée



**ORDER PICK-UP &
DELIVERY ONLINE**

La Méditerranée Berkeley opened in 1982 with the goal of serving Middle-Eastern comfort food. Over 40 years later, our family-run restaurants are proud to continue serving the San Francisco Bay community.

We are a certified California Green Business and recognized as an official SF Legacy Business.

La Méditerranée is committed to environmental sustainability, and our local community.

We strive to source organic and local produce whenever possible.

Anoush Ella! (May it be sweet!)

2936 College Avenue | Berkeley | **(510) 540-7773**

cafelamedberkeley.com

2210 Fillmore Street (at Sacramento) | San Francisco | (415) 921-2956

288 Noe Street (at Market) | San Francisco | (415) 431-7210

— 20% GRATUITY ADDED FOR PARTIES OF 6 OR MORE —