



la Méditerranée

Anoush Ella! (May it be sweet!)



Appetizers

Served with Fresh Pita & Veggies

Small Combination Dips | Hummus, Baba Ghanoush & Tabuleh \$15

Large Combination Dips | Hummus, Baba Ghanoush, Tabuleh, Dolma, Feta Cheese & Olives \$19

Hummus (vegan, gf) | **Baba Ghanoush** (vegan, gf) | **Tabuleh** (vegan)
Feta & Kalamata Olives (gf) | **Roasted Red Pepper Hummus** (vegan, gf)
Djajiki Cucumber Yogurt Dip (gf) | **Harissa Tomato Walnut Dip** (vegan, gf)

\$7 half order | \$12 full order

Small Plates

Organic Medjool Dates

*Stuffed with goat cheese
& walnuts (gf)
\$6 each*

Dolma Grape Leaf

(vegan, gf)
\$12 for three

Falafel with Tahini Dip

(vegan, gf)
\$10 for four

Lamb Lule Meatballs

*Local, Halal grass-fed lamb
in a tomato-onion sauce (gf)
\$11 for two*

Grecian Spinach & Feta | A delicious mixture of spinach, feta, onion & chickpeas

Chicken Cilicia | Cinnamon-spiced chicken with chickpeas & raisins

Cheese Karni | Stuffed with melted mozzarella and feta cheeses, sautéed onions & mint
\$4.50 per piece

Soups & Salads

Served with Fresh Pita

Avgolemono Soup

*Traditional Greek Chicken
& Lemon Soup (gf)*

Lentil Vegetable Soup

(vegan, gf)

Cucumber Yogurt Soup

*Cold Cucumber & Yogurt soup
with garlic & dill (gf)*

cup ... \$7.75 bowl ... \$11 quart (to-go only) ... \$22

Large Green Salad | Organic greens, feta, tomato and our house tomato vinaigrette topped with Tabuleh \$17.50

Three Bean Salad | Organic greens w/ tomato, cucumber, feta and our house tomato vinaigrette (gf)..... \$17.50

Salad Méditerranée | Hummus, Baba Ghanoush, Tabuleh, Armenian Potato Salad, Three Bean Salad
& organic greens with feta \$19.50

Falafel Salad | Crisp falafel balls over organic greens with veggies, our house vinaigrette
& tahini dressing (vegan, gf) \$17.50

Chicken Salad | Halal Saffron Chicken Kebab over organic greens,
tomato, cucumber & feta (gf) \$19.50

Salmon Salad | Sustainably-sourced skewer of Salmon over organic greens, tomato, cucumber & feta (gf)..... \$20.00

Sides

Za'atar Pita Chips | **Gluten-free Crackers** | **Fresh Veggies** | **Tourche Pickles** ... \$4.50 each

— 20% GRATUITY ADDED FOR PARTIES OF 6 OR MORE —

∞ Mediterranean Meza ∞

Tasting menu of our most popular dishes served family-style. Vegan, Vegetarian and Gluten-Free mezas available.

Hummus (vegan, gf)
Baba Ghanoush (vegan, gf)
Tabuleh (vegan)
Falafel (vegan, gf)

Armenian Potato Salad (vegan, gf)
Dolma Grape Leaf (vegan, gf)
Spinach & Feta Fillo
\$33 per person (minimum 2 people)

Chicken Cilicia Fillo
Chicken Pomegranate (gf)
Lamb Lule (gf)
Rice Pilaf (vegan, gf)

∞ Dinner Entrées ∞

Served with Hummus, Pita and choice of Soup, Organic Green Salad or Armenian Potato Salad

– Specialties –

- Middle Eastern Plate** | Chicken Cilicia Fillo, Spinach & Feta Fillo, Levant Sandwich
 & choice of Lamb Lule or Chicken Pomegranate over rice pilaf \$24
- Vegetarian Middle Eastern Plate** | Spinach & Feta Fillo, Cheese Karni Fillo, Dolma
 & choice of Levant Sandwich or Falafel \$23
- Vegan Middle Eastern Plate** | Falafel, Dolma, Lentil Salad, Tabuleh \$23
- Chicken Pomegranate** | Local, sustainably-sourced drumsticks marinated in a pomegranate sauce,
 served over rice pilaf (gf) \$25
- Lebanese Beef Kibbeh** | Prather Ranch spiced ground beef meatballs with cracked wheat,
 toasted pine nuts & herbs, served with a cucumber yogurt sauce and rice pilaf \$25
- Lamb Lule** | Local, grass-fed Superior Farms halal lamb meatballs, served in a tomato-onion sauce
 served over rice pilaf (gf) \$25
- Mushroom Quiche** | Three slices of our vegetarian quiche. \$23

– Kebab Skewers –

Please allow extra time for Skewer dishes

- Halal Saffron Chicken Kebab** | Two skewers, grilled and served over rice pilaf
 with a cucumber-yogurt sauce (gf) \$26
- Beef Kafta Kebab** | Two Prather Ranch beef meatball skewers, grilled and served with rice pilaf (gf) \$26
- Lamb Sirloin Kebab** | Two skewers served with rice pilaf and a cucumber yogurt sauce (gf) \$29
- Salmon Kebab** | Two sustainably-sourced grilled salmon skewers marinated in dill & tomato, over rice (gf) \$28
- Veggie Kebab** | Two Skewers of marinated Vegetable Kebabs, served over Rice Pilaf (gf) \$25

– Sandwiches/Plates –

Sandwiches wrapped in Lavash Bread with Greens or plates served over Rice Pilaf

- Grilled Lamb & Beef Shawarma** | Halal Lamb and beef shawarma,
 served with a cucumber-yogurt sauce sandwich \$22 over rice \$24
- Grilled Chicken Shawarma** | Spiced baked chicken
 served with a cucumber yogurt sauce sandwich \$21 over rice \$23
- Grilled Falafel** | House-made falafel balls, served with tahini (vegan) sandwich \$20 over rice \$22

– Fillo Combination –

- Grecian Spinach & Feta** | A delicious mixture of spinach, feta, onion & chickpeas
- Chicken Cilicia** | Cinnamon-spiced chicken with chickpeas & raisins
- Cheese Karni** | Stuffed with melted mozzarella and feta cheeses, sautéed onions & mint
- Any combination of four Fillo pieces ... \$23