

# la Méditerranée

— SINCE 1982 —

## CATERING MENU



— ORDER ONLINE —

[www.cafelamedberkeley.com](http://www.cafelamedberkeley.com)

[information@cafelamedberkeley.com](mailto:information@cafelamedberkeley.com)

OR CALL

**(510) 540-7773**

2936 College Ave (at Ashby), Berkeley

PICKUP & DELIVERY

### *La Méditerranée Chez Vous!*

Founded in 1981, our award winning and casually elegant finger foods are perfect for parties, picnics, meetings, office luncheons, and get-togethers of all kinds.

We are a certified California Green Business. La Méditerranée is committed to environmental sustainability, and our local community.

We strive to source organic and local produce whenever possible.

## Prix-Fixe Menus

**Take the guesswork out of your preparations!**

MIN. ORDER: 10 PEOPLE

### LUNCH MEZA (7 items)

Hummos, Organic Green Salad, Falafel, Rice Pilaf,  
Grecian Spinach & Feta Fillo, and choice of entrée:

- Chicken Pomegranate (gf)
- Chicken Cilicia Fillo
- Cheese Karni Fillo
- Grilled Vegetables (vegan, gf)
- Salmon Kebabs (gf) add \$4
- Halal Chicken Kebabs (gf) add \$2
- Beef Kafta Kebabs (gf) add \$2
- Lamb Lule (gf) add \$1

\$18/person (one entrée) | \$21.50/person (two entrées)

### THE MEDITERRANEAN MEZA (10 items)

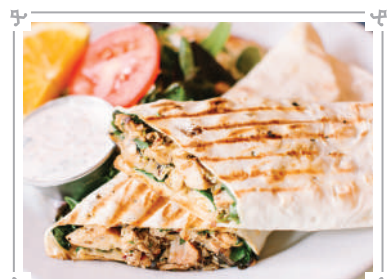
- Hummos (vegan, gf)
- Baba Ghanoush (vegan, gf)
- Tabuleh (vegan)
- Armenian Potato Salad (vegan, gf)
- Falafel (vegan, gf)
- Dolma (vegan, gf)
- Grecian Spinach & Feta Fillo
- Chicken Cilicia Fillo
- Chicken Pomegranate (gf)
- Lamb Lule (gf)
- Rice Pilaf (vegan, gf)

\$32/person

### THE MEZA MAGNIFIQUE (13 items)

Everything in the Mediterranean Meza, plus Feta, Olives,  
Fruit & Cheese, Baklava and Datil Amandra.

\$36/person



### New! MEDITERRANEAN WRAP COMBO MEAL

Chicken Shawarma & Falafel Sandwiches, served buffet style with Hummos,  
Organic Green Salad & a trio of sauces . . . \$18/person

**Add Baklava** for \$2.50/person

## PARTY PLATTERS

*Our most popular finger foods, beautifully arranged and ready to serve.*

### **Mini** (serves 6)

24 pieces (6 of each item) . . . . . \$56

### **Small** (serves 12)

48 pieces (12 of each item) . . . . . \$99

### **Medium** (serves 20)

80 pieces (20 of each item) . . . . . \$144

### **Large** (serves 30)

120 pieces (30 of each item) . . . . . \$195



### **EACH PARTY PLATTER INCLUDES:**

**Chicken Cilicia** – Cinnamon spiced chicken and raisins baked in bite-sized fillo pastry.

### **Grecian Spinach & Feta Fillo**

Tasty spinach and feta cheese baked in bite-sized fillo pastry.

**Levant Sandwiches** – Vegetarian rolled finger sandwiches with cream cheese, herbs & fresh veggies.

**Dolma** (*vegan, gf*) – Grape leaves stuffed with rice, herbs, lemon & olive oil.

**Falafel** (*gf*) *can be substituted for any item on party platter*

Vegan garbanzo patties with Tahini Dip

Add quart of hummos & bag of pita to any party platter for \$32

## **VEGETARIAN/VEGAN PARTY PLATTERS**

Dolma, Spinach Fillo, Levant Sandwich and Falafel

*Platters can be all of one item upon request.*

## APPETIZER DIP PLATTERS

Choose 3-4 items below. Comes with pita bread for dipping.

### **Hummos** (*vegan, gf*):

Traditional garbanzo bean & garlic dip

### **Roasted Red Pepper Hummos** (*vegan, gf*):

Mildly spicy with roasted chili and red pepper

### **Baba Ghanoush** (*vegan, gf*): Grilled eggplant & garlic dip

### **Djajiki** (*gf*): Lebni yogurt, garlic & cucumber dip

### **Tabuleh** (*vegan*): Cracked wheat, parsley, tomato & lemon juice

### **Harissa** (*vegan, gf*): Tomato, roasted pepper & walnut dip

### **Armenian Potato Salad** (*vegan, gf*):

with diced tomatoes, mint, olive oil, lemon, parsley

### **Mini Appetizer Tray**

(serves 10) ... \$45

### **Small Appetizer Tray**

(serves 15) ... \$72

### **Large Appetizer Tray**

(serves 30) ... \$104

*Add Z'aatar & Olive Oil Pita Chips*

1/2 bag ... \$7.50      full bag ... 14

### **Humm-Baby! Falafel Tray** (*vegan, gf*)

*1/2 Hummos, 1/2 Falafel*

Mini (serves 12) ... \$49    Small (serves 20) ... \$82

Large (serves 40) ... \$125    Dozen Falafel (with tahini)... \$24

### **Dips A La Carte**

12 oz. (serves 5).....	\$14	Bag Pita .....	\$7.50
Quart (serves 12) .....	\$28	Bag Pita Chips .....	\$14
Gallon (serves 50) .....	\$95	12 oz. Olives .....	\$14

## Hot Entrées

### CHICKEN POMEGRANATE DRUMSTICKS (gf)

Sustainably-sourced drumsticks slow baked in our homemade pomegranate sauce ... \$48/dozen (\$4 ea.)

### HALAL LAMB LULE MEATBALLS (gf)

Superior Farms halal lamb meatballs stewed in our tomato onion sauce  
\$54/dozen (\$4.50/ea.)



### Salmon Kebab Skewers or Lamb Sirloin Skewers (gf)

Sustainably-raised Salmon marinated in a dill tomato sauce  
Mini ... \$81/dozen (\$6.75/ea.) Large ... \$120/dozen (\$10/ea.)

### Halal Saffron Chicken Skewers (gf) or

### Beef Kafta Meatball Skewers (gf) or Veggie Kebab Skewers (gf)

Mini ... \$75/dozen (\$6.25/ea.) Large ... \$114/dozen (\$9.50/ea.)

## Sandwich Platters

### Chicken Shawarma Sandwich

Spiced, baked chicken rolled in lavash  
w/greens & cucumber yogurt sauce

### Falafel Sandwich (vegan)

Garbanzo patties rolled in  
lavash w/fresh greens & tahini

Small (7 whole/14 halves) ... \$95 Large (10 whole/20 halves) ... \$125

### Lamb Shawarma Sandwich

Spiced Superior Farms Halal Lamb, served with a cucumber-yogurt sauce

Small (7 whole/14 halves) ... \$100 Large (10 whole/20 halves) ... \$135

### — GRILLED SEASONAL VEGGIES (vegan, gf) —

Quart (serves 5-8) ... \$20 Gallon (serves 20-30) ... \$75

### — RICE PILAF (vegan, gf) —

Quart (serves 5-8) ... \$15 Gallon (serves 20-30) ... \$54



## Box Lunches

FOR THE PARK OR THE OFFICE!

*Includes organic mixed green salad, hummos,  
pita bread and compostable cutlery.*

### GRILLED CHICKEN SALAD (gf)

Halal saffron chicken kebab over organic greens with tomato,  
cucumber & feta ... \$19/ea.

### SAFFRON CHICKEN KEBAB (gf)

Halal chicken, grilled and served over rice pilaf ... \$19/ea.

### CHICKEN POMEGRANATE (gf)

Three local and sustainably-sourced drumsticks marinated in  
pomegranate sauce, served over rice pilaf ... \$18.50/ea.

### LAMB LULE (gf)

Local, grass-fed Superior Farms halal lamb meatballs in a  
tomato-onion sauce, served over rice pilaf ... \$19.50/ea.

### FALAFEL SANDWICH (vegan)

Crisp falafel balls wrapped in lavash bread w/fresh greens & tahini ... \$17.50/ea.

### CHICKEN SHAWARMA

Spiced baked chicken sandwich, wrapped in lavash bread  
served with a cucumber yogurt sauce ... \$18.50/ea.

### FALAFEL SALAD (vegan, gf)

Crisp falafel balls over organic greens with veggies,  
our house vinaigrette and tahini dressing ... \$17.50/ea.

### SALMON SALAD

Sustainably-sourced skewer of Salmon over organic greens,  
tomato, cucumber and feta ... \$20/ea.

### SALAD MEDITERRANÉE



Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad, Lentil Salad  
& Mixed Organic Greens with feta (*can be made vegan*) ... \$18.50/ea.

**Add 2-piece Baklava to Lunch ... \$2.50/ea.**

### DRINKS & TABLEWARE

Coke, Diet Coke, Sprite, Bottled Water, Sparkling Water ... \$3.50/ea.

Compostable Tableware Setting (includes plates, cutlery,  
napkins, bamboo tongs and serving spoons) ... \$5/set of 10



## Fruit & Sweets

### FRUIT & CHEESE TRAYS

Seasonal assortment of fresh fruit and cheeses beautifully decorated for any occasion.

### SWEET TRAYS

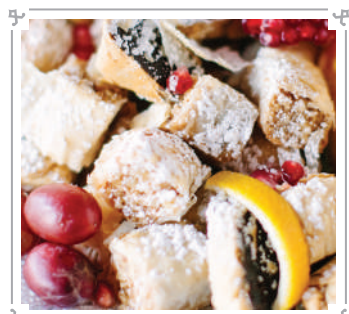
Bite-size pieces of Datil Amandra, Baklava and homemade cake bites made with locally sourced organic dates & walnuts.

### COMBINATION TRAYS

*Choose a little of each!*

Combine the Fruit & Cheese Tray with the Sweet Tray to please everyone!

Mini (serves 10) .....	\$55
Small (serves 20) .....	\$95
Large (serves 40) .....	\$155



*Our Baklava is prepared with locally sourced organic walnuts!*

## Salads

### MIXED GREEN SALAD (gf)

Salad of fresh organic mixed greens, tomato, cucumber, feta cheese, olives, veggies, and our house tomato vinaigrette.

Mini (serves 10) .....	\$38
Small (serves 20) .....	\$55
Large (serves 35) .....	\$80



### FRESH VEGGIE TRAY

*Served with Tahini Dip*

Mini (serves 10) ...	\$42	Small (serves 20) ...	\$68
Large (serves 40) ...	\$98		



## ∞ Pickup & Delivery ∞

We kindly ask for 24-hour notice for all orders

### East Bay Area Delivery

Please call for availability and quote.



We require 24 hour notice for cancellation.

Less than 24-hour notice will result in a 75% charge of the order.

Same day cancellations will be charged in full.

For orders over \$1,000 we require 5 days notice for cancellation  
or it will result in a 50% charge of the order.

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