Acai Bowl Nutrition

Rise and Shine		
Serving Size	16oz	
Calories	354	
Total Fat (g)	9.5	
Total Carbs (g)	55.3	
Sugar (g)	35.1	
Protein (g)	16.6	

Rise and Shine	
Ingredients:	

Acai*, Fresh Greek Yogurt, Almond Granola, Fresh Strawberries, Banana, Blueberries, Raw Honey

Superman	
Serving Size	16oz
Calories	435
Total Fat (g)	14.6
Total Carbs (g)	72.1
Sugar (g)	40.1
Protein (g)	8.1

Ingredients:
Acai*, Almond Granola,
Dragon Fruit, Fresh
Strawberries, Banana,
Blueberries, Chai Seeds,
Chocolate Shavings, Raw
Honey

Superman

Fruity and Nutty	
Serving Size	16oz
Calories	521
Total Fat (g)	35.2
Total Carbs (g)	53.3
Sugar (g)	26.7
Protein (g)	13.5

Fruity and Nutty
Ingredients:

Acai*, Keto Crunch, Peanut Butter, Fresh Strawberries, Banana, Blueberries, Peanuts, Flax Seed, Raw Honey

Kau-Kau Tropical Bowl		
Serving Size	16oz	
Calories	345	
Total Fat (g)	11	
Total Carbs (g)	51.5	
Sugar (g)	26.1	
Protein (g)	4.9	

Kau-Kau Tropical Bowl Ingredients:

Acai*, Almond Granola, Banana, Pineapple, Passion Fruit Puree, Toasted Coconut, Raw Honey

*Acai Ingredients: Organic Acai, Water, Organic Tapioca Syrup, Organic Cane Sugar, Stabilizer (inulin, sunflower lecithin, guar gum, locust bean gum) Citric Acid