

BREAKFAST MENU

EGG MEALS*

Served with hash browns, fruit, or tomato slices and toast or pancakes. Substitute cottage cheese for potatoes + \$3

Two Eggs Your Way - \$9

Two Eggs Your Way with Breakfast Meat - \$13

Choose between bacon, sausage links, sausage patties, canadian bacon, or baked ham off the bone



CONTINENTAL TWOSOME - \$14

Two eggs your way with two pieces of bacon, two pieces of sausage, two pancakes or two french toast wedges and a small juice

Add coffee or tea + \$1

Two Scrambled Eggs with Lox and Onions - \$14

Two Eggs with Corned Beef Hash - \$14

OMELETTES*

Served with hash browns, fruit, or tomato slices and toast or pancakes. Substitute cottage cheese for potatoes + \$3

SUBSTITUTE EGG WHITES OR EGG BEATERS +2

Lox and Onion - \$17

Ham & Cheese - \$16

Denver - \$16

Green peppers, onions, and ham

Mediterranean - \$16

Feta cheese, tomatoes, and onions

Florentine - \$16

Spinach, mushrooms, bacon, and cheddar cheese

Chorizo - \$16

Tomatoes, onions, jalapeño peppers, avocado and Chihuahua cheese

Vegetarian - \$16

Spinach, onions, peppers, mushrooms and tomatoes

Continental - \$17

Ham, onions, peppers, mushrooms tomatoes, asparagus and your choice of cheese



MEATLOVER'S

BREAKFAST*

Served with 3 eggs, hash browns, fruit, or tomato slices and toast or pancakes.

Substitute cottage cheese for potatoes + \$3

Chopped Sirloin & Eggs - \$20

Skirt Steak & Eggs - \$30

New York Strip & Eggs - \$26

Pork Chop & Eggs - \$20

Athenian Gyros & Eggs - \$14

BREAKFAST

SPECIALS*

Fried Matzo - \$10

w/ Salami - \$14

w/ Lox - \$15

Hopple Popple - \$15

Scrambled eggs mixed with sautéed green peppers, onions, salami chunks and breakfast potatoes. Served with toast

Original Breakfast Wrap - \$13

Scrambled eggs in a tomato wrap with onions, peppers, mushrooms, and melted cheddar cheese

Popeye Wrap - \$13

Scrambled eggs in a spinach wrap with bacon, tomatoes, spinach and melted cheddar cheese

Southwestern Wrap - \$13

Scrambled eggs in a tomato wrap filled with sausage links, jalapeño peppers, tomatoes and melted mozzarella cheese

SKILLETS*

All skillets are topped with cheese (except vegetarian skillet) and two eggs your way. Served with toast or pancakes

Portabella Mushroom - \$15

Portabella mushrooms, onions, crisp bacon and asparagus

The Original - \$15

Ham, onions, and mushrooms

South of the Border - \$15

Sausage, jalapeño peppers, and tomatoes

Corned Beef Hash - \$15

Corned beef hash, onions, green peppers, and tomatoes

Popeye - \$15

Bacon, tomatoes, and spinach

Chorizo - \$16

Chorizo, jalapeño peppers, tomatoes, onions, avocado and Chihuahua cheese

Vegetarian - \$14

Broccoli, asparagus, tomatoes, mushrooms, peppers, and onions

Skirt Steak - \$24

Skirt steak, mushrooms, onions, tomatoes and mozzarella cheese

BENEDICTS*

Served with hashbrowns or fruit
Substitute Cottage Cheese + \$3

Eggs Benedict - \$15

Canadian bacon, two poached eggs and hollandaise sauce atop a split English Muffin

Eggs Florentine - \$15

Spinach, two poached eggs and hollandaise sauce atop a split English Muffin

Las Vegas Benedict - \$15

Diced Canadian bacon and crabmeat, two poached eggs and hollandaise sauce atop a split English Muffin

Portabella Benedict - \$15

Two poached eggs and hollandaise sauce atop two grilled portabella mushrooms



PANCAKES

Buttermilk Pancakes - \$9

Fruit Pancakes - \$9

Your choice of strawberries, blueberries, cherries, warm apples, or bananas

Pecan Pancakes - \$11

Potato Pancakes - \$12

Served with sour cream and apple sauce

Pigs-In-A-Blanket - \$12

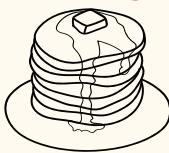
Sausage rolled in three light, fluffy buttermilk pancakes

Silver Dollar Pancakes

Five - \$7

Ten - \$9

Fifteen - \$11



WAFFLES

Belgian Waffle - \$9

Pecan Waffle - \$11

Fruit Waffle - \$11

Your choice of strawberries, blueberries, cherries, warm apples, or bananas

Waffle Alaska - \$14

Topped with vanilla ice cream, strawberries and a cloud of whipped cream

Our kitchen will do it's best to accommodate any special requests at a small additional charge.

FRENCH TOAST

French Toast - \$10

Your choice of thick or thin toast

Fruit French Toast - \$10

Your choice of strawberries, blueberries, cherries, warm apples, or bananas

Egg White

French Toast - \$11

Three slices of whole wheat toast dipped in egg whites
With turkey bacon - \$15

Cinnamon Raisin

French Toast - \$10

Cinnamon Roll

French Toast - \$9

CREPES

Plain Crepes - \$9

Fruit Filled Crepes - \$11

Strawberry, blueberry, cherry or cinnamon apple

Strawberry & Sour Cream Crepes - \$13

Cheese Blintzes - \$13

With fruit - \$15

SIDES

Breakfast Meat - \$5

Hashbrowns - \$4

Corned Beef Hash - \$6

One Egg - \$3

Toast - \$3

Bagel - \$3

with Cream Cheese - \$4

Bowl of Fresh Fruit - \$7

Bowl of Oatmeal - \$7

BEVERAGES

Coffee or Tea

Plain Milk

Chocolate Milk

Hot Chocolate

Juices

Apple, Orange, Grapefruit, Tomato, Grape, Pineapple

Soft Drinks

Iced Tea



HEALTHY START

Lox Sandwich - \$23

Two toasted bagels, one cup of cream cheese, tomatoes, cucumbers, and onions

Lox Platter - \$30

Three toasted bagels, two cups of cream cheese, tomatoes, onions, cucumbers, and olives

Hawaiian Delight - \$15

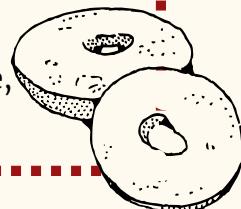
A half pineapple filled with a variety of fresh fruit, served with cottage cheese and raisin toast

Health Club Combo - \$12

Two Egg Beaters served with fresh fruit and a toasted bagel

Loaded Bagel - \$7

Toasted bagel with cream cheese, tomato, cucumber, and onion



DE-LITES*

Served with tomato slices and orange juice

Continental Tasty

Protein Breakfast - \$16

Four scrambled egg whites and an 8 oz. broiled ground turkey patty

Low-Fat Fitness Omelette - \$16

Egg whites loaded with fresh mushrooms, broccoli, and diced tomatoes. Served with wheat toast

Smoked Ham-Off-The-Bone and Egg Whites - \$16

Chicken, Cheddar and Broccoli

Egg White Omelette - \$16

Served with wheat toast

Lite & Lively - \$11

A bowl of oatmeal served with fresh fruit, whole wheat toast, and a small glass of milk