

EMPANADAS

BUFFALO CHICKEN	\$5.00
BEEF & CHEESE	\$5.50
CHEESY BARBACOA (Pulled Steak)	\$6.50



CHALUPAS

Fluffy Flour tortilla with your choice of protein, beans, lettuce, tomato, cheese, salsa verde & sour cream.

PROTEINS

POLLO ASADO (Chicken)	\$6.50
AL PASTOR	\$6.50
CARNE ASADA (Steak)	\$6.50
BARBACOA (Pulled Steak)	\$7.00
GROUND BEEF	\$6.50
SHRIMP	\$7.00
CARNITAS (Pulled Pork)	\$6.50
BEANS	\$5.50
JACK FRUIT	\$6.50



QUESADILLAS

CHEESE	\$8.00
POLLO ASADO (Chicken)	\$12.50
AL PASTOR	\$12.50
BUFFALO CHICKEN	\$12.50
CHIPOTLE BACON CHICKEN	\$13.50
CHICKEN BACON RANCH	\$13.50
CARNE ASADA (Steak)	\$15.00
SHRIMP	\$15.00
FAJITA VEGGIES (Sautéed Onion & Peppers)	\$10.00
JACK FRUIT	\$12.50

TACOS

CLASSIC TACO

Soft flour tortilla with your choice of protein, lettuce, tomato, cheese, sour cream and salsa verde.

MEXICAN STREET TACO

Handmade soft Corn tortilla with your choice of protein, onion, cilantro, salsa verde & salsa roja.

CRUNCH TACO

Hard shell taco wrapped in a soft flour tortilla with your choice of protein, lettuce, tomato, cheese, sour cream, queso, and salsa verde.

PROTEINS

POLLO ASADO (Chicken)	\$5.50	GROUND BEEF	\$5.50
AL PASTOR	\$5.50	CARNITAS (Pulled Pork)	\$5.50
CARNE ASADA (Steak)	\$5.50	SHRIMP	\$6.00
BARBACOA (Pulled Steak)	\$6.00	JACK FRUIT	\$5.50



SPECIALTY TACOS

TACOS DE BIRRIA \$5.50

Served with a side of Birria Consommé.
PAN FRIED CORN TORTILLA WITH CHOICE OF CARNITAS OR BARBACOA, ONION, CILANTRO & MOZZARELLA

FISH TACO \$6.00

HANDMADE SOFT CORN OR SOFT FLOUR TORTILLA WITH CRISPY COD FILLET, HOMEMADE SLAW, MANGO SALSA, TARTAR SAUCE, CHIPOTLE CREMA, GARNISHED WITH FRESH CILANTRO.

AVOCADO TACO \$6.00

SOFT FLOUR TORTILLA OR SOFT HANDMADE CORN TORTILLA WITH HAND BATTERED CRISPY AVOCADOS, HOMEMADE SLAW, CHIPOTLE CREMA GARNISHED WITH FRESH CILANTRO.

ISLAND SHRIMP TACO \$6.00

SOFT FLOUR TORTILLA OR SOFT HANDMADE CORN TORTILLA WITH CRISPY COCONUT BATTERED SHRIMP, HOMEMADE SLAW, MANGO SALSA, TAMARIND CHUTNEY, CHIPOTLE CREMA, TARTAR SAUCE, GARNISHED WITH FRESH CILANTRO.

KIDS MENU

CHEESE ROLL UPS	\$2.50
MEAT & CHEESE TACO	\$4.50
CHICKEN TENDERS AND FRIES	\$13.50
FRIES	\$6.50

BURRITOS

Flour or Whole Wheat tortilla with your choice of protein, rice, beans, pico de gallo, corn, cheese, guacamole and sour cream.

PROTEINS

POLLO ASADO (Chicken)	\$14.00	CHICKEN BACON RANCH	\$15.00
AL PASTOR	\$14.00	(Queso instead of Beans)	
CHIPOTLE BACON CHICKEN	\$15.00	CARNITAS (Pulled Pork)	\$14.00
CARNE ASADA (Steak)	\$15.00	SHRIMP	\$16.00
BARBACOA (Pulled Steak)	\$16.00	JACK FRUIT	\$14.00
GROUND BEEF	\$14.00	BEANS	\$9.00

(Rice, beans, cheese and sour cream only)

CHEESY POTATO BURRITO

Flour tortilla with crispy potatoes, shredded cheese, queso, chipotle crema and sour cream. \$13.00

* ADD PROTEIN FOR EXTRA



SALAD BOWL GF

Choice of protein, rice, beans, lettuce, pico de gallo, corn, mozzarella cheese, guacamole, sour cream and salsa verde.

PROTEINS

POLLO ASADO (Chicken)	\$14.00
AL PASTOR	\$14.00
CARNE ASADA (Steak)	\$15.00
BARBACOA (Pulled Steak)	\$16.00
GROUND BEEF	\$14.00
CARNITAS (Pulled Pork)	\$14.00
SHRIMP	\$16.00
JACK FRUIT	\$14.00

LOW CARB SALAD BOWL GF

Choice of protein, lettuce, pico de gallo, mozzarella cheese, guacamole, and salsa verde.





CHIMICHANGAS

Fried burrito filled with your choice of protein, cheese, corn, onion, cilantro and chipotle crema served with a side of rice and beans.

PROTEINS

POLLO ASADO (Chicken)	\$14.50
CARNE ASADA (Steak)	\$15.50
GROUND BEEF	\$14.50
SHRIMP	\$16.00
JACK FRUIT	\$14.50

TOSTADAS GF

Crispy corn tortilla with your choice of protein, layers of beans, lettuce, tomato, avocado, queso fresco and chipotle crema.

PROTEINS

POLLO ASADO (Chicken)	\$6.50
AL PASTOR	\$6.50
CARNE ASADA (Steak)	\$6.50
BARBACOA (Pulled Steak)	\$7.50
GROUND BEEF	\$6.50
CARNITAS (Pulled Pork)	\$6.50
SHRIMP	\$7.50
BEANS	\$5.50
JACK FRUIT	\$6.50



NACHOS

Corn chips with your choice of protein, lettuce, corn, pico de gallo, jalapeno, guacamole, queso and sour cream.

PROTEINS

POLLO ASADO (Chicken)	\$13.50
CARNE ASADA (Steak)	\$15.00
GROUND BEEF	\$13.50
BEANS	\$12.00



PIZZA DE BIRRIA

Served with side of consume

\$40

3 LAYERS OF FLOUR TORTILLA WITH YOUR CHOICE OF CARNITAS OR BARBACOA, MELTED MOZZARELLA, ONION, CILANTRO, CHIPOTLE CREMA AND GUACAMOLE ON THE SIDE.



SIDES

Reg

Large

GUAC & CHIPS	\$5.50	\$12.50
QUESO & CHIPS	\$4.50	\$8.50
SALSA & CHIPS	\$4.50	\$8.50



RICE & BEANS	\$4.00
YUCA FRIES	\$8.00
SWEET PLANTAINS (Served with mexican crema)	\$7.00
FRIES	\$7.00
LOADED FRIES (Crispy fries topped with shredded cheese, queso, chipotle & poblano crema)	\$9.00

DESSERT

CHURROS	\$3.00
CHURROS SUNDAE	\$5.00

(Churros with vanilla ice cream, & chocolate drizzle)



BEVERAGES

WATER	\$2.50
JARRITOS	\$3.50
SODA (20 oz)	\$3.50
CAN SODA	\$2.50



PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY

PRICES ARE SUBJECT TO CHANGE



Taco Island

Mexican Cantina

Serving The Best Damn Tacos on Long Island!

TAKE OUT - DELIVERY

Monday - Thursday: 11am - 9pm

Friday - Saturday: 11am - 10pm

Saint James Food Truck:

680 Middle Country Rd

Saint James, NY, 11780

In Carvel Parking lot

631-933-9444

Email: TacoIslandLife@gmail.com

Website: TheTacoIsland.com



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