

# wild oats daily bread menu

166 Admiral Fitch Avenue | (207) 725-6287 | [wildoatsbakery.com](http://wildoatsbakery.com)



## ABOUT OUR BREADS

All of our hand-shaped breads are made on-site, from-scratch and with all-natural ingredients.

### MONDAY

Anadama  
Honey Oat  
Potato  
Tomato Herb

### TUESDAY

Abenaki  
Honey Oat  
Honey Wheat  
Potato

### WEDNESDAY

Anadama  
Honey Oat  
Honey Wheat  
Potato  
Tomato Herb

### THURSDAY

Abenaki  
Honey Oat  
Honey Wheat  
Potato

### FRIDAY

Anadama  
Honey Oat  
Honey Wheat  
Potato  
Tomato Herb

### SATURDAY

Abenaki  
Honey Oat  
Honey Wheat  
Potato  
English Muffin Bread

### SUNDAY

Abenaki  
Anadama  
Honey Oat  
Honey Wheat  
Tomato Herb

*\*Bread flavors and availability are subject to change without advanced notice.*

## OUR WHITE BREAD

POTATO: not just your standard Wonderbread, our all-purpose white bread is made with potato flour. Perfect for kids or adults!

## THE OAT BREADS

HONEY OAT: our slightly-sweet oat bread is made with wildflower honey and thick-cut rolled oats. The best multi-purpose bread!

## A NEW ENGLAND CLASSIC

ANADAMA: a New England favorite with a rich history, this bread combines hearty coarse cornmeal with 100% natural Crosby's molasses.

*Naturally vegan.*

## WHOLE GRAINS

ABENAKI: our unique bread made with a combination of white and whole wheat flours, rolled oats, cornmeal, and vitamin-rich pumpkin seeds, poppyseeds, and sunflower seeds. *Naturally vegan.*

HONEY WHEAT: the perfect balance of white flour and unbleached, unbromated whole wheat flour, combined with wildflower honey.

## SPECIALTY BREADS

TOMATO HERB: a staff favorite, with tomatoes, basil, and garlic. Perfect on it's own or as a unique sandwich/grilled cheese bread.

*Naturally vegan.*

ENGLISH MUFFIN BREAD: all of the nooks and crannies of a traditional English Muffin, in a delicious, fat-free bread. Perfect for toasting!