

## STARTERS & SHARES

**BACON WRAPPED DATES\*\* 14**  
stuffed with goat cheese and almonds, drizzled with a balsamic glaze

**CRAB CAKES\*\* 22**  
real lump crab meat served with remoulade sauce over a bed of mixed greens

**FLOWER SPROUTS\*\* 13**  
cauliflower and Brussels sprout medley with fried polenta, drizzled with a balsamic glaze (vegan without polenta or cheese)

### DRY RUB CHICKEN WINGS\* 15

6 dry rub chicken wings with your choice of sauce

## HOUSE SALADS & SOUP

### CAESAR SALAD 7

Gluten free without croutons

### HOUSE SALAD 7

mixed greens with pepper jack cheese, tomatoes, cucumbers, onions and croutons

Gluten free without croutons

**dressings:** french, ranch, balsamic vinaigrette or creamy Italian - all made in-house!

\$1 charge for extra dressing or sauce

## ENTREE SALADS

Gluten free without croutons, bread, wonton strips or bleu cheese. Please notify your server

**BUFFALO CHICKEN 18**  
grilled buffalo chicken served over mixed greens with red peppers, red onions, pepper jack, pecans and tortilla strips with your choice of dressing

Gluten free without tortilla strips

**SEARED AHI SALAD\* 23**  
shredded Napa cabbage tossed in chili lime vinaigrette topped with sesame seared rare ahi tuna, cashews, jicama, fried wontons and drizzled with wasabi mayo and a balsamic reduction.

Gluten free without fried wontons.

### GRILLED ROMAINE AND TENDERLOIN SALAD\* 20

grilled romaine heart with beef tenderloin topped with bleu cheese crumbles, fried polenta, bleu cheese dressing and balsamic reduction.

Gluten free without polenta, blue cheese, and blue cheese dressing.

**GRILLED CHICKEN CAESAR 19**  
hearts of romaine tossed in our house made Caesar dressing with croutons, parmesan cheese and polenta wedges

Gluten free without croutons




## LUNCH MENU: Gluten Allergy

### HOUSE FAVORITES

Add a soup or salad for 5

**CHICKEN GIARDINIERA 16**    
grilled chicken topped with mild giardiniera, roasted cauliflower and broccolini; served with cauliflower smash.  
350 calories, 17.5g fat, 12g carb

**LB BLACKENED MAHI MAHI 22**    
served with 2 sides  
253 calories, 12g fat, 8g carb




## PERSONAL LUNCH PIZZAS

**BOMBERS SPECIAL 14**  
sausage, pepperoni, onions, mushrooms, green peppers, cheese and black olives

10" gluten free crust available, add \$2

**SIMPLE 13**  
choose up to 3 toppings

### SIDES \$5

DAILY VEGETABLE   
FRESH FRUIT   
GARLIC MASHED POTATOES   
WILD RICE   
FRENCH FRY DIPPERS\*\*

Try a dipping sauce! \$1 each: BBQ, ranch, chipotle mayo or garlic aioli


### PREMIUM SIDES \$7

\$2 Upcharge to All Entrees

BRUSSELS SPROUTS\*\*  
BROCCOLINI  
SMASHED CAULIFLOWER  
MUSHROOM RISOTTO 

OFF SITE CATERING AVAILABLE  
OR - CELEBRATE WITH US IN ONE OF  
OUR PRIVATE EVENT SPACES.

 Life Balance menu item

 Gluten friendly menu item (B&H does not have a gluten free kitchen)

## 100% GROUND STEAK BURGERS

Served with lettuce, tomato, and onion. Choose one side Premium Side Additional \$2  
Gluten free bun available upon request

**CLASSIC BURGER\* 15**

**TURKEY BURGER 15**  
Add cheese, mushrooms, caramelized onion, egg\* \$1 each  
Add avocado \$2  
Add bacon \$3

**BIRD BURGER\* 18**  
fried egg, bacon and American cheese  
**MUSHROOM & SWISS\* 18**  
sautéed mushrooms and Swiss cheese

**CHIPOTLE BACON\* 18**  
chipotle seasoning, habanero bacon jam, pepper jack, bacon and chipotle mayo

**WAGYU BURGER\* 25**  
elegant, refined spin on the classic burger. Served with swiss cheese, caramelized onions, wild mushroom blend and a garlic aioli

### THE BEYOND BURGER® 17

rice and pea proteins are the basis of this veggie burger; topped with Bibb lettuce, tomato, sliced avocado and onion-vegan with pretzel bun  
455 calories, 23g fat, 31g carb

Please be sure to request a gluten free bun when ordering any of the burgers above.

## SAMMY'S SAMMIES

Served with one side - Premium Side additional \$2  
Add a side salad or soup for \$5

**BBQ PULLED PORK 14**  
topped with onion straws on a pretzel bun  
Gluten free without onion straws  
Gluten free if served on a gluten free bun.

**PRIME RIB HOAGIE 21**  
tender prime rib with onions, mushrooms, and provolone cheese on a toasted hoagie served with au jus  
Gluten free if served on a gluten free bun.

**EVERLEEN'S GRILLED PORK SANDWICH 18**  
thinly sliced pork tenderloin on grilled sour dough bread with pepper jack, habanero bacon jam and green cabbage in a tangy vinaigrette  
Gluten free if served on a gluten free bun.

**T.A.'s HOT COMBY 16**  
award winning sandwich - Best of Madison! Ham, salami and pepperoni topped with green pepper, onion, our secret sauce and melted mozzarella on a toasted hoagie

Gluten free if served on a gluten free bun.

**ALL ITEMS WITH \*\* NEXT TO THEM ARE PREPARED IN A SHARED FRYER. FOR THIS REASON, WHILE THE RECIPE DOES NOT CONTAIN GLUTEN, THEY HAVE BEEN PREPARED IN A OIL THAT HAS HAD ITEMS CONTAINING GLUTEN IN IT.**