

STARTERS & SHARES

FIRECRACKER SHRIMP 15
lightly battered shrimp tossed in a creamy sriracha sauce topped with sesame seeds

BACON WRAPPED DATES 14
stuffed with goat cheese and almonds, drizzled with a balsamic glaze

B&H SAMPLER 16
bacon wrapped dates, firecracker shrimp and Sassy curds

SASSY CURDS 13
Local fresh fried cheese curds

CHICKEN WINGS 15
6 chicken wings; choose Buffalo, Nashville hot or BBQ

SMOKED BRISKET CRÊPE 18
3 crêpes filled with smoked brisket, coleslaw, pepper jack and BBQ ranch sauce

CRAB CAKES 22
real lump crab meat served with remoulade sauce over a bed of mixed greens

FLOWER SPROUTS 13
cauliflower and Brussels sprout medley with fried polenta, drizzled with a balsamic glaze (vegan without polenta or cheese)

CHIPS & EGGMOLE 16
JRS Farms (Lake Mills) fresh hard-boiled eggs mixed into our homemade guacamole served with black bean chips
213 calories, 12g fat, 22g carb

WEEKLY APPETIZER SPECIAL
please see our Specials Menu or inquire with your server

ENTREE SALADS

Gluten free without croutons, bread, wonton strips or bleu cheese. Please notify your server

BUFFALO CHICKEN 18
grilled or fried buffalo chicken served over mixed greens with red peppers, red onions, pepper jack, pecans and tortilla strips with your choice of dressing

SEARED AHI SALAD* 23
shredded Napa cabbage tossed in chili lime vinaigrette topped with sesame seared rare ahi tuna, cashews, jicama, fried wontons and drizzled with wasabi mayo and a balsamic reduction.

GRILLED ROMAINE AND TENDERLOIN SALAD* 20
grilled romaine heart with beef tenderloin topped with bleu cheese crumbles, fried polenta, bleu cheese dressing and balsamic reduction.

GRILLED CHICKEN CAESAR 19
hearts of romaine tossed in our house made Caesar dressing with croutons, parmesan cheese and polenta wedges

HOUSE SALADS & SOUP

salads are tossed in your choice of dressing \$5 in addition to any entree \$4 to substitute soup/house salad for side

CAESAR SALAD 7

HOUSE SALAD 7
mixed greens with pepper jack cheese, tomatoes, cucumbers, onions and croutons

dressings: french, bleu cheese, ranch, balsamic vinaigrette or Italian - all made in-house!

\$1 charge for extra dressing or sauce

SOUP DU JOUR 7
changes daily

BAKED FRENCH ONION 7



LUNCH MENU: Peanut Allergy HOUSE FAVORITES

Add a soup or salad for 5

CHIPOTLE CHICKEN PASTA 19
penne pasta tossed in a chipotle garlic cream sauce with blackened chicken, onions, mushrooms, red and green peppers

FISH TACOS 16
marinated mahi mahi, pico, jicama, chipotle sour cream, Napa cabbage, chili lime vinaigrette dressing on 50% corn, 50% flour tortillas (2) served with one side. Make it vegetarian: substitute Beyond Beef! Substitute Firecracker Shrimp 3

LB BLACKENED MAHI MAHI 22
served with 2 sides
253 calories, 12g fat, 8g carb

SPANKY'S MEATLOAF 16
topped with veal glaze, onion straws and your choice of two sides. Try our garlic mashed potatoes!

JAMBALAYA 22
tender chicken, sautéed shrimp and andouille sausage, tossed with rice, peppers and onions in a spicy creole sauce

CHICKEN GIARDINIERA 16
grilled chicken topped with mild giardiniera, roasted cauliflower and broccolini; served with cauliflower smash.
350 calories, 17.5g fat, 12g carb

PERSONAL LUNCH PIZZAS

10" gluten free crust available, add \$2

BOMBERS SPECIAL 14
sausage, pepperoni, onions, mushrooms, green peppers, cheese and black olives

ASK YOUR SERVER ABOUT 12" OR 14" PIZZAS

SIDES \$5

DAILY VEGETABLE
FRESH FRUIT
GARLIC MASHED POTATOES
WILD RICE
FRENCH FRY DIPPERS

Try a dipping sauce! \$1 each: BBQ, ranch, chipotle mayo or garlic aioli

PREMIUM SIDES \$7

\$2 Upcharge to All Entrees

MAC & CHEESE
BRUSSELS SPROUTS
BROCCOLINI
SMASHED CAULIFLOWER
MUSHROOM RISOTTO

OFF SITE CATERING AVAILABLE OR - CELEBRATE WITH US IN ONE OF OUR PRIVATE EVENT SPACES.

Life Balance menu item
 Gluten friendly menu item (B&H does not have a gluten free kitchen)
Senior discount: 10% off any entree if mentioned

100% GROUND STEAK BURGERS

Served on split-top brioche or pretzel roll (v) with lettuce, tomato, and onion. Choose one side Premium Side Additional \$2 Gluten free bun available upon request

CLASSIC BURGER* 15

TURKEY BURGER 15
Add cheese, mushrooms, caramelized onion, egg* \$1 each
Add avocado \$2
Add bacon \$3

BIRD BURGER* 18
fried egg, bacon and American cheese

MUSHROOM & SWISS* 18
sautéed mushrooms and Swiss cheese

CHIPOTLE BACON* 18
chipotle seasoning, habanero bacon jam, pepper jack, bacon and chipotle mayo

WAGYU BURGER* 25
elegant, refined spin on the classic burger. Served with swiss cheese, caramelized onions, wild mushroom blend and a garlic aioli

THE BEYOND BURGER® 17
rice and pea proteins are the basis of this veggie burger; topped with Bibb lettuce, tomato, sliced avocado and onion-vegan with pretzel bun
455 calories, 23g fat, 31g carb

BOWLS

make any bowl vegetarian: substitute Beyond Beef!

KOREAN BOWL* 22
seared beef tenderloin in a ginger soy dressing, fried egg, kale, carrots and cucumber over Jasmine rice; served with kimchi

RAMEN BOWL* 22
pork belly in a rich broth with green ramen noodles, crispy kale, bok choy and shiitake mushrooms topped with a soft boiled egg

SAMMY'S SAMMIES

Served with one side - Premium Side additional \$2 Add a side salad or soup for \$5 Substitute low carb spinach wrap \$1

BBQ PULLED PORK 14
topped with onion straws on a pretzel bun

NASHVILLE HOT CHICKEN SANDWICH 16

crispy chicken breast coated in Nashville hot sauce with pickles and creamy slaw on a pretzel bun

PRIME RIB HOAGIE 21
tender prime rib with onions, mushrooms, and provolone cheese on a toasted hoagie served with au jus

T.A.'S HOT COMBY 16
award winning sandwich - Best of Madison! Ham, salami and pepperoni topped with green pepper, onion, our secret sauce and melted mozzarella on a toasted hoagie

EVERLEEN'S GRILLED PORK SANDWICH 18
thinly sliced pork tenderloin on grilled sour dough bread with pepper jack, habanero bacon jam and green cabbage in a tangy vinaigrette

GRILLED CHICKEN WRAP 16
spring mix, ranch, avocado, fried tortilla strips, grilled chicken, bacon, pico de gallo and pepper jack

HONEY'S LUNCH COMBO 13
1/2 Sandwich with Side Salad or Soup. Choose from any of the following sandwiches: TA's Hot Comby, Fish Taco, or Chicken Wrap

BEVERAGES

Lemonade, Iced Tea, Raspberry Tea, Hot Tea and Coffee 3 (free refills)

Pepsi, Diet Pepsi, Orange Crush, Root Beer, Starry, Starry Zero, Mountain Dew, Diet Mountain Dew, Doc 360 (free refills) (location dependent)

Orange Juice, Cranberry Juice, Milk, Chocolate Milk, Hot Chocolate & Apple Cider 3 (no free refills)
Red Bull Energy Drink 4