

DAIRY FRIENDLY MENU

STARTERS & SHARES

CHIPS & EGGAMOLE 16
fresh hard boiled eggs mixed into
homemade guacamole with black
bean chips 213 calories, 12g fat, 22g carb

SPICY TUNA BITES* 17
bite sized crispy rice cakes with
sliced avocado, Ahi tuna in sriracha
mayo and sliced serrano pepper

FLOWER SPROUTS 13
cauliflower and Brussels sprout
medley with fried polenta, drizzled
with balsamic glaze
****Dairy free without parmesan
cheese and polenta.**

CHICKEN WINGS 15
6 dry rub chicken wings or
Asian zing

**THAI CHICKEN LETTUCE
WRAPS 18**
Bibb lettuce, diced chicken in
Thai ginger sauce, radish,
wonton strips, cashews

BOWLS

KOREAN BOWL* 22
seared beef tenderloin in a ginger soy dressing,
fried egg, kale, carrots and cucumber over
Jasmine rice; served with kimchi



BUDDHA BOWL 17 (VEGAN)
roasted Brussels sprouts, sweet potato, butternut
squash, with avocado, cherry tomato, 5 grain blend,
crispy beet strips, avocado tahini dressing
****Dairy free without blue cheese crumbles.**
Add grilled chicken \$6
Add grilled shrimp \$8
Add grilled salmon* \$12

THAI CHICKEN BOWL 22
cucumber, carrots, kale, cabbage,
cashews, green onions, sesame
seeds and grilled Thai peanut chicken
over Jasmine rice.
****Dairy-free without thai peanut sauce**


HOUSE FAVORITES

FISH TACOS 20
marinated grilled mahi mahi, pico, jicama, Napa
cabbage, chili lime vinaigrette on 50% corn,
50% flour tortillas (3) with one side
****Dairy-free without chipotle mayo**
make it vegetarian: substitute Beyond Beef!

WAGYU BURGER* 25
refined classic burger with caramelized
onions, Swiss cheese, wild mushroom blend,
garlic aioli. Served with one side.
****Dairy free without cheese.**

BLACKENED SALMON 27  
served with two sides

Apple Cider Chicken Thighs 23  
grilled chicken thighs, roasted
sweet potato, butternut squash,
Brussels sprouts, apples, kale
in a light Dijon apple cider sauce

**THE BEYOND
BURGER® 16** 
rice and pea proteins are the basis of this
veggie burger! Topped with Bibb lettuce,
tomatoes and onion; with one side - vegan
with pretzel bun! 405 calories, 23g fat, 31g carb

ENTREE SALADS

BUFFALO CHICKEN 19
grilled or fried buffalo chicken, mixed greens,
red peppers, red onions, pepper jack, pecans,
tortilla strips, dressing choice
****Dairy free WITHOUT pepper jack**




SEARED AHI SALAD* 22
shredded Napa cabbage in chili lime
vinaigrette, sesame seared rare ahi tuna,
cashews, jicama, fried wontons, wasabi mayo
& balsamic reduction

FALL STEAK SALAD* 23
spring mix & spinach, sliced top sirloin
steak with balsamic reduction, cherry
tomatoes, red onion, roasted butternut
squash, Brussels sprouts, roasted apples,
candied walnuts, blue cheese crumbles,
crispy beet strips, tossed in a bacon
vinaigrette
****Dairy free without blue cheese crumbles**

STEAKS & GRILL

Steaks topped with chef's butter served with 2 sides.
All premium sides additional 2 Add a side salad or soup for 5

LAND & SEA* 56 **NOTE TO SERVER TO NOT SERVE WITH CHEF'S BUTTER	OPTION 1: 8oz Filet & Grilled Mahi OPTION 2: 8oz Filet & 5oz Grilled Salmon OPTION 3: 8oz Filet & Grilled Shrimp
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GRILLED ANGUS RIBEYE* 48  14oz grilled to perfection	B&H STYLE BABY BACK BBQ RIBS  slow roasted and finished on the grill with our homemade BBQ sauce
FILET MIGNON* 48  8oz brushed with olive oil, seasoned with salt & pepper	full rack 32 / half rack 25

PREMIUM SIDES 7

BRUSSELS SPROUTS

SIDES 5

DAILY VEGETABLE

FRESH FRUIT 

FRENCH FRY DIPPERS

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES. WE CAN CONFIRM WHICH MENU ITEMS ARE ALLERGEN FRIENDLY BASED ON OUR RECIPES, BUT CANNOT GUARANTEE
THAT THERE MAY NOT BE CROSS-CONTAMINATION, AS WE ARE A SCRATCH KITCHEN.
OUR FRYERS USE A 50/50 BLEND OF VEGETABLE AND SOYBEAN OIL, AND MARGARINE IS USED FOR SOME COOKING (ALSO CONTAINS SOYBEAN OIL).