STARTERS & SHARES

FIRECRACKER SHRIMP 15

lightly battered shrimp tossed in a creamy sriracha sauce topped with sesame seeds

BACON WRAPPED DATES 14 stuffed with goat cheese and almonds, drizzled with a balsamic

B&H SAMPLER 16 bacon wrapped dates, firecracker shrimp and Sassy curds

SASSY CURDS 13 Local fresh fried cheese curds

CHICKEN WINGS 15

6 chicken wings; choose Asian zing, buffalo, Nashville hot or BBQ

CRAB CAKES 22

real lump crab meat served with remoulade sauce over a bed of mixed greens

SMOKED BRISKET CRÊPE 18

3 crêpes filled with smoked brisket, coleslaw, pepper jack and BBQ ranch sauce

FLOWER SPROUTS 13 cauliflower and Brussels sprout medley with fried polenta, drizzled with a balsamic glaze

(vegan without polenta or cheese)

CHIPS & EGGAMOLE 16

JRS Farms (Lake Mills) fresh hard-boiled eggs mixed into our homemade guacamole served with black bean chips

213 calories, 12g fat, 22g carb

WEEKLY APPETIZER SPECIAL

please see our Specials Menu or inquire with your server

ENTREE SALADS

Gluten free without croutons, bread, wonton strips or bleu cheese. Please notify your server

BUFFALO CHICKEN 18

arilled or fried buffalo chicken served over mixed greens with red peppers, red onions, pepper jack, pecans and tortilla strips with your choice of dressina

SEARED AHI SALAD* 23

shredded Napa cabbage tossed in chili lime vinaigrette topped with sesame seared rare ahi tuna. cashews, iicama, fried wontons, and drizzled with wasabi mavo and a balsamic reduction.

> Substitute grilled chicken \$6 2 scallops \$12 shrimp skewers (2) \$8 to make this fish free

GRILLED ROMAINE AND TENDERLOIN SALAD*

arilled romaine heart with beef tenderloin topped with bleu cheese crumbles, fried polenta. bleu cheese dressing and balsamic reduction.

LUNCH MENU: Fish Allergy HOUSE FAVORITES

Add a soup or salad for 5

CHIPOTLE CHICKEN PASTA 19

penne pasta tossed in a chipotle garlic cream sauce with blackened chicken, onions, mushrooms, red and green peppers

FISH TACOS 16

marinated mahi mahi, pico, iicama. chipotle sour cream, Napa cabbage, chili lime vinaigrette dressing on 50% corn, 50% flour tortillas (2) served with one side. Make it vegetarian: substitute Bevond Beef! **Substitute Firecracker Shrimp to** make the tacos fish free! \$ 3

BOMBERS SPECIAL 14

sausage, pepperoni, onions,

mushrooms, green peppers,

ASK YOUR SERVER ABOUT 12" OR 14" PIZZAS

SIDES \$5

GARLIC MASHED POTATOES

Try a dipping sauce! \$1 each: BBQ, ranch,

remoulade, chipotle mayo or garlic aioli

cheese and black olives

Daily Vegetable 💘

FRENCH FRY DIPPERS

Life Balance menu item

Fresh Fruit

WILD RICE

SPANKY'S MEATLOAF 16

topped with veal glaze, onion straws and your choice of two sides. Try our garlic mashed potatoes!

JAMBALAYA 22

tender chicken, sautéed shrimp and andouille sausage, tossed with rice, peppers and onions in a spicy creole sauce

CHICKEN GIARDINIERA 16

grilled chicken topped with mild giardiniera, roasted cauliflower and broccolini: served with cauliflower smash.

350 calories, 17.5g fat, 12g carb

PERSONAL LUNCH PIZZAS

10" gluten free crust available, add \$2

HOUSE SALADS & SOUP

salads are tossed in your choice of dressing \$5 in addition to any entree \$4 to substitute soup/house salad for side

House Salad 7

mixed greens with pepper jack cheese, tomatoes, cucumbers, onions and croutons

dressings: french, bleu cheese, ranch, balsamic vinaigrette or Italian - all made in-house!

\$1 charge for extra dressing or sauce

Soup Du Jour 7

changes daily

Baked French Onion 7

THAI CHICKEN 14

chicken. Thai peanut sauce. cabbage, onions, and cheese

SIMPLE 13 choose up to 3 toppings

PREMIUM SIDES \$7

\$2 Upcharge to All Entrees

MAC & CHEESE BRUSSELS SPROUTS Broccolini 🕻 SMASHED CAULIFLOWER MUSHROOM RISOTTO

OFF SITE CATERING AVAILABLE OR - CELEBRATE WITH US IN ONE OF

OUR PRIVATE EVENT SPACES.

100% GROUND STEAK BURGERS

Served on split-top brioche or pretzel roll (v) with lettuce, tomato, and onion. Choose one side Premium Side Additional \$2 Gluten free bun available upon request

CLASSIC BURGER* 15

TURKEY BURGER 15

Add cheese, mushrooms. caramelized onion, egg* \$1 each Add avocado \$2 Add bacon \$3

BIRD BURGER* 18

fried egg, bacon and American cheese

MUSHROOM & SWISS* 18

sautéed mushrooms and Swiss cheese

CHIPOTLE BACON* 18

chipotle seasoning, habanero bacon jam, pepper jack, bacon and chipotle mavo

WAGYU BURGER* 25

elegant, refined spin on the classic burger. Served with swiss cheese. caramelized onions, wild mushroom blend and a garlic aioli

THE BEYOND BURGER

17

rice and pea proteins are the basis of this vegaie burger; topped with Bibb lettuce, tomato, sliced avocado and onion-vegan with pretzel bun

455 calories, 23g fat, 31g carb

BOWLS

make any bowl vegetarian: substitute Beyond Beef!

KOREAN BOWL* 22

seared beef tenderloin in a ginger soy dressing, fried egg, kale, carrots and cucumber over Jasmine rice; served with kimchi

THAI CHICKEN BOWL 22

cucumber, carrots, kale, cabbage, cashews, green onions, sesame seeds and grilled Thai peanut chicken over Jasmine rice.

SAMMY'S SAMMIES

Served with one side - Premium Side additional \$2 Add a side salad or soup for \$5 Substitute low carb spinach wrap \$1

BBO PULLED PORK 14

topped with onion straws on a pretzel bun

NASHVILLE HOT CHICKEN SANDWICH 16

crispy chicken breast coated in Nashville hot sauce with pickles and creamy slaw on a pretzel bun

PRIME RIB HOAGIE 21

tender prime rib with onions. mushrooms, and provolone cheese on a toasted hoagie served with au jus

T.A.'S HOT COMBY 16

award winning sandwich - Best of Madison! Ham, salami and pepperoni topped with green pepper, onion, our secret sauce and melted mozzarella on a toasted hoagie

EVERLEEN'S GRILLED PORK SANDWICH 18

thinly sliced pork tenderloin on grilled sour dough bread with pepper jack, habanero bacon iam and green cabbage in a tangy vinaigrette

GRILLED CHICKEN WRAP 16

spring mix, ranch, avocado, fried tortilla strips, grilled chicken, bacon, pico de gallo and pepper jack

Honeys Lunch Combo 13

1/2 Sandwich with Side Salad or Soup. Choose from any of the following sandwiches: TA's Hot Comby, Firecracker Shrimp Taco, or Chicken Wrap

BEVERAGES

Lemonade, Iced Tea, Raspberry Tea, Hot Tea and Coffee 3 (free refills)

Pepsi, Diet Pepsi, Orange Crush, Root Beer, Starry, Starry Zero, Mountain Dew, Diet Mountain Dew, Doc 360 (free refills) (location dependent)

Orange Juice, Cranberry Juice, Milk, Chocolate Milk. Hot Chocolate & Apple Cider 3 (no free refills) Red Bull Energy Drink 4

NO MORE THAN 8 SEPARATE CHECKS PER GROUP AUTOMATIC 20% GRATUITY ADDED TO PARTIES OF

Please inform your server of any allergies. We can confirm which menu items are Allergen friendly based on our recipes, but cannot guarantee that there may not be cross-contamination, as we are a scratch kitchen. Our fryers use a 50/50 blend of Vegetable and Soybean oil, and margarine is used for some cooking (also contains soybean oil).

Gluten friendly menu item (B&H does not have a gluten free kitchen) Senior discount: 10% off any entree if mentioned