

# Carry Out LUNCH MENU

*Lunch served daily*

EVERY DAY 11:00AM-4:00PM

## SANDWICHES

All served with a choice of one side: Salted Fries, Cole Slaw, Potato Salad, Neva's Potatoes, Daily Fresh Veggie, Daily Pasta Salad or Kettle Cooked Chips.

### CRAB CAKE SANDWICH 18.95

Chesapeake Bay crab meat, lettuce, tomato, pickle, homemade tartar, toasted potato roll

### ANGUS STEAK HOUSE BACON CHEESEBURGER 15.95

fresh ground chuck, cheddar, bacon, lettuce, tomato & pickle, toasted brioche bun

### GRILLED MARINATED CHICKEN SANDWICH 15.95

all natural double breast, cheddar, bacon, lettuce, tomato & pickle, toasted brioche bun

### HOT HONEY CHICKEN SANDWICH 15.95

hand breaded double breast, bacon, Mike's Hot Honey, pickle, brioche bun, salted fries

### MEATLOAF SANDWICH 15.95

Sliced meatloaf, provolone cheese, marinara, sourdough

### CAROLINA PULLED PORK BBQ SANDWICH 12.95

toasted brioche bun, cole slaw & one side

### "FLASH-FRIED" BUFFALO CHICKEN TENDER SANDWICH 13.95

hand breaded chicken tenders, buffalo sauce, gorgonzola cheese, buttermilk ranch, lettuce & tomato

### HOMEMADE SHRIMP SALAD SANDWICH 16.95

jumbo shrimp in our house recipe dressing, lettuce, tomato, pickle & red onion, toasted croissant

### "FLASH-FRIED" ALASKAN COD FISH SANDWICH 20.95

hand breaded, lettuce, tomato, pickle, homemade tartar, toasted brioche bun

### "FLASH-FRIED" OYSTER PO BOY 19.95

hand breaded Chesapeake Bay oysters, lettuce, tomato, pickle, remoulade, Nicky roll

### BLACKENED SCOTTISH SALMON SANDWICH 20.95

blackened & grilled salmon, horsey sauce, whole wheat bread

### WHISKEY LOX SALMON SANDWICH 17.95

spring mix, roasted red peppers, horseradish cream, wheat bread

### MAINE LOBSTER ROLL (WHEN AVAILABLE) MKT

Hand picked, buttered split top bun, one side

### YELLOWFIN TUNA CHEESESTEAK 19.95

chopped yellowfin tuna, provolone, mushrooms & onions, mayo, Nicky roll

### FRESH "FISH OF THE DAY" SANDWICH-OR-PLATTER MKT

Please ask for today's fresh fish! We typically have Yellow Fin Tuna, Mahi-Mahi, Fried Flounder, Salmon, Swordfish & Tilapia

## LUNCH Specialties

### SEAFOOD PASTA 21.95

linguine, shrimp, scallops, clams, mussels, fresh fish, marinara, garlic toast

### "FLASH-FRIED" SHRIMP -OR- FISH TACOS 16.95

hand breaded, pico de gallo, baja sauce, cabbage, warm tortillas, rice & black beans

### "FLASH-FRIED" SEAFOOD COMBO 21.95

hand breaded shrimp, scallops & tilapia, homemade cole slaw & fries

### BLACKENED SHRIMP -OR- CHICKEN FAJITAS 16.95

fresh sautéed onions, peppers, fresh salsas & warm tortillas

### "FLASH-FRIED" OYSTERS & CHICKEN SALAD 18.95

A Delmarvelous speciality! Hand breaded oysters & homemade chicken salad, one side.

### "FLASH-FRIED" JUMBO SHRIMP 14.95

hand breaded, homemade cocktail sauce, two sides

### BIG FISH MIXED GRILL 24.95

charcoal grilled shrimp skewer & 6 oz. grilled Scottish salmon, one side

### GRILLED "DAY BOAT" SCALLOPS (4) 19.95

saffron rice, sweet teriyaki glaze, one side

### PESTO TORTELLINI 19.95

creamy basil pesto, sundried tomato, Parmesan cheese

### SALADS

Please see salad choices on inside of menu.

SALAD...9.95

*Top salad during lunch hours with...*

CRAB CAKE + 12.95 • 8 OZ SIRLOIN +19.95 • 5 OZ. GRILLED CHICKEN +5.95

GRILLED CHARCOAL SHRIMP SKEWER +9.95 • GRILLED SCALLOP SKEWER +9.95

DAILY 6 OZ. FRESH FISH - MKT Price

HOMEMADE SOUP OF THE DAY & SMALL SALAD...15.95

### LITTLE FISH

ALL KID'S MEALS COME WITH ONE SIDE, EXCEPT FOR PASTA.

UNDER 12 ONLY, PLEASE.

KIDS HAND BREADED CHICKEN FINGERS

KIDS HOT DOG

KIDS MEATLOAF

9.95

KIDS PASTA WITH PENNE OR LINGUINE

each

KIDS PASTA & MEATBALL

KIDS HAND BREADED FRIED SHRIMP

KIDS HAND BREADED COD BITES

KIDS GRILLED YELLOW FIN TUNA

KIDS GRILLED SALMON

### HOMEMADE DESSERTS /9.95

PEANUT BUTTER PIE

DOUBLE CHOCOLATE CAKE

BREAD PUDDING

W/ SABAYON SAUCE

APPLE COBBLER

KEY LIME PIE

Ask about our delicious Smash Cakes and Cannoli Cream-wiches!!

MENU PRICES SUBJECT TO CHANGE WITHOUT NOTICE. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.



## BIG FISH MARKET Carry Out

### HOURS OF OPERATION

SUNDAY - THURSDAY

11:00 AM - 6:00 PM

FRIDAY & SATURDAY

11:00 AM - 7:00 PM

LUNCH MENU AVAILABLE 'TIL 4PM

20312 Coastal Highway • Rehoboth Beach, DE

302.227.3665

ORDER ONLINE AT  
BIGFISHGRILLMARKET.COM

# APPETIZERS

**SOUP OF THE DAY**  
8 OZ. -OR- **QUART** MKT Price

**FRESH "FLASH FRIED" CALAMARI** 14.95  
hand breaded, marinara & mustard sauce

**HAND-ROLLED SHRIMP & VEGETABLE SPRING ROLLS** 12.95  
Hawaiian Dipping Sauce

**HAND-BREADED FRIED OYSTER** 16.95 -OR- **SHRIMP** 10.95  
homemade cocktail or tartar

**GRILLED "CHARCOAL" SHRIMP SKEWER** 10.95  
Mike's famous charcoal seasoning

**FRESH BUCHOT MUSSELS** 14.95  
choose Garlic Wine, Diablo, Chorizo/Saffron Sauce or Thai Curry & Coconut Sauce. Add hand-cut fries +2.00

**FRESH MIDDLE NECK CLAMS** 13.95  
garlic wine broth, garlic toast

**BIG FISH BRUSCHETTA** 14.95  
ripe tomatoes, EVOO, red onion, basil & garlic bread

**FLASH-FRIED" COD BITES** 13.95  
hand breaded, homemade tartar sauce

**FRESH BUFFALO CHICKEN TENDERS** 9.95  
hand breaded, gorgonzola cheese & buttermilk ranch

**PAN SEARED BLACKENED "RARE" TUNA** 14.95  
cold oriental noodles, seaweed salad, pickled ginger & wasabi

**MARKET FRESH WINGS**  
**10 WINGS** 14.95 (Choose 1 sauce)  
**20 WINGS** 29.95 (Choose 2 sauces)

**PLAIN · BBQ · GARLIC PARM OLD BAY · BUFFALO**  
celery, choice of buttermilk ranch or blue cheese

**GARLIC BREAD** 3.95  
two large slices

## Sushi BAR

**BIG FISH POKE BOWL** 17  
Ahi Tuna, Salmon, Fried Salmon or Fried Shrimp | Sticky Rice, Edamame, Seaweed Salad, Avocado, Spicy Mayo, Sesame Seeds

**EDAMAME** 7  
Steamed, Kosher Salt

**BIG FISH CRAB SALAD** 13  
Crabstick w/Spicy Mayo & Tobiko over Seaweed Salad, topped w/a Steamed Shrimp & Sesame Seeds

**SEAWEED SALAD** 7  
Wakame Seaweed, House Dressing, Sesame Seeds

**PHILLY ROLL** 12  
Smoked Salmon, Cream Cheese, Green Onion

**GREEN MACHINE\*** 11  
Avocado, Cucumber, Asparagus, Scallion, Sesame Seed, Wasabi Aioli

**CALIFORNIA ROLL\*** 11  
Avocado, Crab Stick, Cucumber and Toasted Sesame Seeds

**CRAZY TUNA** 16  
Crab Meat, Tempura Frick, Draped with Tuna, Avocado and Spicy Mayo

\*Add-ons and extras are an additional fee.

**AVOCADO** +1.00    **MARYLAND CRAB** +5.00  
**WASABI AIOLI** +1.00    **DREAM MIX** +6.00  
**SOY PAPER** +1.00    **TOBIKO** +1.50

**HAIRY TUNA** 15  
Crab Stick, Tuna, Steamed Shrimp, Cucumber, Spicy Mayo, Eel Sauce

**FIRECRACKER** 14  
Salmon and Avocado, draped with Salmon, topped w/Sriracha

**BF ROLL** 15  
Tuna, Steamed Shrimp, Avocado, Topped w/Dream Mix, Eel Sauce

**CATERPILLAR\*** 13  
Fried Shrimp, Crab Meat, Spicy Mayo, Topped with Avocado, Sesame Seeds

**CRUNCHY CRAB** 14  
Lump Crab, Asparagus, Topped w/Crab Stick, Fried Crabstick Frick, Louisiana Crab Sauce, Old Bay

**DRAGON ROLL\*** 17  
Fried Shrimp, Cucumber, Topped w/Dream Mix, Avocado, Spicy Mayo, Tobiko, Eel Sauce and Wasabi Mayo

**HAIRY MEXICAN** 14  
Fried Shrimp, Avocado, Spicy Mayo, Topped w/Crab Stick & Eel Sauce

\*Only contains fully cooked items.

### Sashimi

**SALMON** Sake                    3 PC - 10  
**CRAB STICK** Kanikama      3 PC - 8  
**TUNA** Maguro                    3 PC - 13

# DINNER MENU

Carry Out

## Dinner served daily

STARTING AT 4PM

### Daily fresh SALADS

**SOUTHERN FRIED CHICKEN SALAD** 18.95  
hand breaded chicken tenders, chopped greens, tomatoes, carrots & cheddar cheese, buttermilk garlic ranch dressing

**BIG FISH SALAD** 9.95  
Field greens, romaine, tomatoes, carrots, cheddar & buttermilk garlic ranch

**HOUSE SALAD** 9.95  
Wild greens topped with tomato, gorgonzola, walnuts & maple walnut vinaigrette

**GREEK SALAD** 9.95  
Mixed greens, tomato, cucumbers, onions, feta, olives, pepperoncinis & Greek vinaigrette

**CAESAR SALAD** 9.95  
crisp romaine, Parmesan & garlic croutons, homemade Caesar

**FRESH MAINE LOBSTER ROLL {WHEN AVAILABLE}** MP  
Hand picked, buttered split top bun, salted fries

**FRESH ANGUS CHOP HOUSE CHEESEBURGER** 15.95  
American cheese & bacon, brioche bun, lettuce, tomato & pickle, salted fries

**GRILLED MARINATED CHICKEN SANDWICH** 15.95  
Coleman's all-natural double breast, American cheese & bacon, brioche bun, lettuce, tomato, pickle & salted fries

**FLASH-FRIED ALASKAN COD SANDWICH** 20.95  
hand breaded, crispy Alaskan Cod fillet, lettuce, tomato, pickle, homemade tartar sauce

**HOT HONEY CHICKEN SANDWICH** 15.95  
hand breaded double breast, bacon, Mike's Hot Honey, pickle, brioche bun, salted fries

### SIGNATURE PASTA DISHES

**CLAMS LINGUINE** 26.95  
Alfredo sauce, Parmesan crumbs, linguine

**SHRIMP PENNE** 23.95  
jumbo shrimp, mushrooms, spinach, sundried tomatoes, fresh basil, light homemade lobster sauce

**BIG FISH CIOPPINO** 31.95  
shrimp, scallops, clams, mussels, fresh fish, light tomato broth, linguine, garlic bread

**SPECIAL LOBSTER PASTA** 39.95  
shrimp, scallops, lobster meat, creamy tomato sauce, asparagus, linguine

**PUMPKIN CRAB TORTELLINI** 28.95  
crab meat, spinach, creamy pumpkin sauce, Parmesan

TOP ANY SALAD BELOW WITH  
**10 OZ. GRILLED CHICKEN BREAST** +9.00  
**1 SKEWER OF CHARCOAL GRILLED SHRIMP** +17.95  
**2 SKEWERS OF CHARCOAL GRILLED SHRIMP** +17.95  
**CHESAPEAKE BAY CRAB CAKE** +12.95  
**8 OZ. MARKET FRESH FISH** MKT Price

**CHOPPED SALAD** 9.95  
Romaine, carrots, tomatoes, corn & cucumbers, buttermilk garlic ranch

**GOAT CHEESE SALAD** 9.95  
Spring mix & romaine, aged goat cheese, toasted pecans, roasted red peppers & raspberry vinaigrette

**SPINACH SALAD** 9.95  
Warm apple cider vinaigrette, bacon, mushrooms, egg & gorgonzola

**THE WEDGE** 9.95  
Iceberg lettuce, tomatoes, gorgonzola, bacon & buttermilk ranch

**ARUGULA SALAD** 9.95  
toffee pecans, dried cranberries, parmesan & lemon thyme vinaigrette

**ASIAN SALAD** 9.95  
Spring mix, spinach, bell peppers, cabbage, cucumbers, fresh cabbage, cilantro, sesame peanut vinaigrette

## Land & Sea ENTREES

**SIRLOIN STEAK & SHRIMP** 35.95  
8 oz. pan seared center cut Angus sirloin steak, grilled charcoal shrimp, homemade demi-glaze, two sides

**BIG FILET** 49.95  
8 oz. pan seared center cut Angus beef filet, mashers, homemade demi-glaze, one side

**WITH A JUMBO LUMP CRAB CAKE**.....59.95  
**TOPPED WITH LOBSTER SAUCE, LOBSTER CHUNKS & ASPARAGUS**.....64.95

**BIG CHICKEN** 18.95  
Coleman's all-natural marinated & grilled double breast, two sides

**MOM'S VEAL MEATLOAF** 16.95  
traditional ground veal meatloaf, mashers, homemade demi glaze, one side

ADD TO ANY ENTREE: GRILLED SHRIMP +8.95  
SCALLOP SKEWER +13.95 · CRAB CAKE + 12.95

**BIG ULTIMATE GRILLED COMBO** MKT  
crab cake, skewer of charcoal shrimp, skewer of scallops, filet tips, two sides

**BBQ DINNER COMBO** 27.95  
half rack of "fall off the bone" baby back ribs & Carolina pulled pork BBQ, two sides

**"FALL OFF THE BONE" BBQ RIBS** 23/35  
half rack or full rack w/two sides

**BIG FISH SEAFOOD CAKES** 24.95  
light lobster sauce, two sides

**GRILLED "DAY BOAT" SCALLOPS** 31.95  
two sides

**1 LB. STEAMED SNOW CRAB LEGS** MKT  
drawn butter, two sides  
+ Add'l lb. Snow Crab Legs MKT

### Fresh Catches of the Day

Choose your fish and two homemade sides.  
All fish entrees are Market Price.

**CAROLINA YELLOWFIN TUNA · FLORIDA MAHI-MAHI · ATLANTIC FRIED FLOUNDER**

grilled or blackened with lobster sauce or ask about our chef's "rare only" preparation of the day

grilled or blackened with black bean salsa

homemade tartar sauce

**PECAN CRUSTED HALIBUT · BOSTON SWORDFISH · CASHEW CRUSTED COD**

wild from Alaska, served with tropical fruit salsa

grilled or blackened with mustard sauce

wild from Alaska, pineapple pico de gallo

**SCOTTISH SALMON** sustainably farm raised, available grilled with Dijon cream sauce or caramelized with freshly shaved Parmesan cheese

### flash fried SEAFOOD

**TEXAS GULF SHRIMP** - 23.95  
**CHESAPEAKE BAY OYSTERS** - 31.95  
**DAY BOAT JERSEY SCALLOPS** - 31.95  
hand breaded, homemade cocktail or tartar, two sides

**SEAFOOD COMBO** 32.95  
hand breaded shrimp, scallops and oysters, homemade tartar sauce, two sides

### signature ENTREES

**CHESAPEAKE BAY CRAB CAKES** MKT  
homemade tartar sauce, two sides

**BIG SHRIMP** 26.95  
Mike's famous char-seasoning, two sides

**WHOLE MAINE LOBSTER DINNER** MKT  
enjoy a 1.5 lb. or 3 lb. lobster, drawn butter, two sides

**SIDES** HAND-CUT FRIES · COLE SLAW · MASHERS · NEVA'S POTATOES  
CREAMED SPINACH · STEWED TOMATOES · MUSHROOMS  
SWEET POTATO MASHERS · MAC & CHEESE · SAUTÉED SPINACH  
DAILY FRESH VEGGIE · SAFFRON RICE

3<sup>95</sup> each

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